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Tuesday



The \$2,000 Nano will first be rolled out in India.

Green Light: The world's cheapest car to debut in July | **7**

Mont. Crash: Investigators say plane was overloaded | **4**



Right at Home:
Is it fair for Terps to host tourney games? | **11**

ENTERTAINMENT

Purple Pain:
Prince's new three-disc set is a royal mess. Plus, James Gandolfini takes his chops to Broadway and whacks away.

>> 15-22



WALL STREET BUYS IN

RECOVERY PLAN: THE DOW SOARS AMID BANK RESCUE EFFORT | **3**



Armstrong Injured in Race Wreck

HARD FALL: Lance Armstrong arrives in an ambulance at Hospital Clinico in Valladolid, Spain, on Monday after breaking his collarbone in a pileup during the Vuelta de Castilla and Leon cycling race. Armstrong said he will have surgery for the injury, throwing into question whether he will be able to compete in the Tour de France this summer. **On hold:** Armstrong's comeback stalls | **Page 11**

EPA Eyes Action on Warming

Agency proposes overhaul of greenhouse gas regulations

WASHINGTON | The White House is reviewing a proposed finding by the Environmental Protection Agency that global warming is a threat to public health and welfare.

Such a declaration would be the first step toward regulating carbon dioxide and other greenhouse gases under the Clean Air Act, and could have broad economic and environmental ramifications. It also would likely spur action by Congress to address climate change more broadly.

The White House acknowledged Monday that the EPA had transmitted its proposed finding on global warming to the Office of Management and Budget, but provided no details. It also cautioned that the Obama administration, which sees responding to climate change as a top priority, nevertheless is ready to move cautiously when it comes to regulating greenhouse gases. "This is historic news," said Frank O'Donnell, who heads Clean Air Watch, an advocacy group.

But many business leaders argue — as did former President George W. Bush — that the Clean Air Act is ill suited to deal with climate change and regulating carbon dioxide would hamstring economic growth. (AP)



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TUESDAY
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WEDNESDAY
51 | 41



THURSDAY
56 | 44

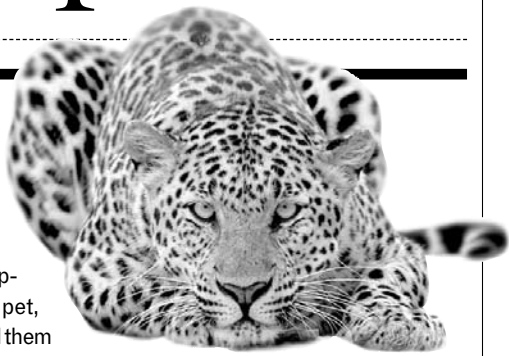
TODAY: Mostly sunny and cool; turning cloudier later in the evening | **34**

eyeOpeners

FOR CAT LOVERS!

Spot the Missing Pet

A family in the northern town of Weyhe, Germany, will be separated from their household pet, after local authorities informed them that leopards do not, in fact, qualify as house cats. The fully grown female leopard will be moved to a new home because the owners do not have the required license to house the feline in a residential neighborhood, authorities said. German animal rights organizations agreed that the 1,400-square-meter park that the family created for the leopard was not an appropriate home for the animal. The family had lived with the leopard for 18 months. Germany's animal rights organization, Tierschutzbund, explained wild animals should not be kept in private homes. (EXPRESS)



WAITING

Loo Queue Reviewed

Think the long lines outside bathrooms at football games and nightclubs are bad? Well, don't cry to the 765th person who lined up for a latrine in Brussels, Belgium, for World Water Day. The throng of patrons set the world record Sunday for the longest queue while trying to raise awareness for the need for clean water in Third World countries. UNICEF organized the event

hoping to draw attention to the lack of pumps, wells and latrine hygiene education for children in underdeveloped countries. Around the world, 5,000 children die each day from lack of access to clean water, said UNICEF spokesman Benoit Melebeck. Participants were given bracelets and T-shirts for their involvement, although the real prize was not actually using the fake latrine, which had the same design as the one employed by the agency overseas. (EXPRESS)



SHIZO KAMBAYASHI/AP

ROBOTS

There Are No Strings Attached

A "cybernetic human" robot lyrically named HRP-4C walks down the runway in Monday's opening day ceremonies at Japan Fashion Week in Tokyo. The 5-foot-2-inch robot was slimmed down to 95 pounds in anticipation of her debut on the catwalk by engineers at the National Institute of Advanced Industrial Science and Technology in Tokyo. In addition to walking, this robot talks. She was designed to look like an average Japanese woman. (AP)

BAGGY PANTS

No-Briefs News Brief

An Australian teenager learned the value of a good belt and a properly fitted pair of pants when he was fined

\$250 for inadvertently exposing his bare buttocks to a female police officer. The pair of baggy pants that Trent Joseph Wroe, 19, was wearing slipped from his waist as he was walking past the officer. Wroe was not wearing underwear at

the time. Although the officer contests that the teen purposefully exposed himself, Wroe insists that the pants were borrowed and the incident was a complete accident. He has promised to wear a belt. (EXPRESS)

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MORBID INTEREST: Residents of McCook, Neb., have a question for state officials: "You're not doing anything with that old electric chair, are you?" Some people in the town think the chair, which is no longer used for executions, could be a tourist attraction and have offered to put it on display.

Nation

In Brief



N.J. DEPT. OF HUMAN SERVICES/AP

Elba Leonor Diaz Socarras' identity was a mystery for more than 14 years.

TRENTON, N.J.

Woman Found Wandering Mall in '94 Finally Identified

A mute elderly woman known only as "Jane Doe" since she was found wandering in a New Jersey mall in 1994 has finally been identified. Lt. Eduardo Ojeda discovered the woman is Elba Leonor Diaz Socarras, 74. She has Alzheimer's disease and has been bedridden in a New Jersey psychiatric hospital for years. Her identity, partly obscured because she and her daughter had a falling out, was established thanks to tips from the public and Colombian officials. (AP)

NEW YORK

AG Cuomo: 15 AIG Workers To Return Their Bonuses

New York Attorney General Andrew Cuomo says 15 employees who received some of the largest bonuses from American International Group have agreed to return the money in full. The commitments amount to more than \$30 million of the \$165 million in bonuses awarded by the troubled insurer. (AP)

Government to Buy Up Toxic Assets

WASHINGTON | The Obama administration aimed squarely at the crisis clogging the nation's credit system Monday with a plan to take over up to \$1 trillion in sour mortgage securities with the help of private investors. For once, Wall Street cheered.

The announcement, closely stage-managed throughout the day, filled in crucial blanks in the administration's financial rescue package and formed what President Obama called "one more critical element in our recovery."

The coordinated effort by the Treasury Department, the Federal Reserve and the Federal Deposit Insurance Corp. relies on a mix of government and private money to help banks rid their balance sheets of real estate-related securities that are extremely difficult to value.

The goal, Obama said, is to get banks lending again, so "families can get basic consumer loans, auto loans, student loans, [and so] that small businesses are able to finance themselves, and we can start getting this economy moving again."

It was a huge gambit and one that came like a tonic to Wall Street, which had panned an earlier outline of the program that lacked detail. Stocks soared, with the Dow Jones industrial average shooting up nearly 500 points.



GERALD HERBERT/AP

Treasury Secretary Timothy Geithner, left, President Obama and Fed Chairman Ben Bernanke appear discuss the administration's new banking plan on Monday.

"I am very confident [that] this scheme dominates all the alternatives."

TIMOTHY GEITHNER,
TREASURY SECRETARY

The fleshed-out plan is designed to help fix a value on damaged mortgage loans and other toxic securities. If the value of the securities goes up, the private investors and taxpayers would share in the gains. If the values go down, the government and

investors would incur losses.

The plan will take \$75 billion to \$100 billion from the government's existing \$700 billion Troubled Asset Relief Program. The government will pair this with private investments and loans from the FDIC and the Fed to generate \$500 billion in purchasing power.

Geithner said taxpayers still could lose money on the deal to soak up bad assets, but there was no fixing the system without risk.

"I am very confident [that] this scheme dominates all the alternatives for trying to find that balance," he said. (AP)

About Toxic Assets

A fresh effort to end the paralysis in lending was launched Monday by the Obama administration, which will join with investors to buy up toxic assets.

1 Toxic assets? Sounds dangerous. What are they, and how many are there?

Toxic assets are, mostly, the investments backed by risky subprime mortgages that are held by the larger U.S. banks and that have lost value. They hang like shackles from the banks' feet, dragging down their balance sheets and their fortunes.

2 So, how will the new plan for buying the toxic assets work?

For every \$100 in bad assets being purchased, private investors would put up \$7, to be matched by \$7 from the government. The remaining \$86 would be covered by a government loan.

3 How did these things come to be called toxic assets, anyway?

The precise origin of the phrase is somewhat shrouded in mystery. It may have been a Wall Street analyst who first used the phrase. President Obama avoided using the "T" word in his statement Monday. The administration's new code phrase for them is "legacy assets." (AP)

Allergies?

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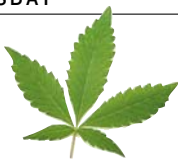
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Nation



OPEN SECRET: Authorities in San Diego said a man suspected of drunken driving crashed his pickup truck into a neighbor's house, leaving a gaping hole that revealed a marijuana farm inside. Police got a search warrant after the Sunday afternoon crash and confiscated more than 20 pot plants.

Plane May Have Been Overloaded

NTSB investigating Mont. crash that killed 14, including 7 kids

BUTTE, MONT. | Investigators will examine whether a single-engine turboprop plane was overloaded when it nose-dived into a cemetery and killed 14 people on board who were heading to a retreat for a ski

trip, an official said Monday.

The plane was likely designed to carry a total of 11 people, including two pilots, Mark Rosenker, acting chairman of the National Transportation Safety Board, said at a news conference. Officials said seven adults and seven children were killed in the crash Sunday; a relative said there were two 4-year-olds aboard, and the other children



The Holy Cross Cemetery is seen Sunday in Butte, Mont., after the plane crash.

aboard were ages 1, 3, 5, 7 and 9.

"It will take us awhile to understand," Rosenker said. "We have to get the weights of all the passengers; we have to get the weight of the fuel, all of the luggage."

Relatives of the victims said they had been traveling to the Yellowstone Club for a skiing vacation. The club is a millionaires-only resort that counts former vice president

Dan Quayle and Microsoft founder Bill Gates among its members.

"We were going on a vacation with all the grandkids," said Irving M. "Bud" Feldkamp, who lost two daughters and their families in the crash. He said he, his wife and another daughter had driven to Montana for the vacation.

"We were at the entrance to the Yellowstone Club when I got a cell phone call [from my nephew]," Feldkamp said. "He saw it on CNN. He said, 'Nobody survived.' And we knew it was our plane." (AP)

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1 The cost, in cents, for a breakfast meal at Cleveland's Big Egg restaurant that includes two eggs, two hash browns and toast. The owners say they're trying to help people who have been laid off.

Nation

Judge: Reconsider Plan B

FDA ordered to give 17-year-olds access to the controversial drug

NEW YORK | The Food and Drug Administration let politics cloud its judgment when it denied teenage girls over-the-counter access to the Plan B morning-after pill, a federal judge said Monday as he ordered the FDA to let 17-year-olds obtain the medication.

In a thorough denunciation of the Bush administration, U.S. District Judge Edward Korman blasted the FDA's handling of the issue, saying it had "repeatedly and unreasonably" delayed issuing a decision on the medication.

The morning-after pill is a source

The morning-after pill is a source of tension for social conservatives.

of tension for social conservatives, many of whom believe it is tantamount to abortion.

The ruling said the FDA in several instances had delayed issuing a ruling for suspect reasons and on two occasions took action only to facilitate the confirmation of acting FDA commissioners whose confirmations had been held up by the repeated delays.

"These political considerations, delays and implausible justifications for decision-making are not the only evidence of a lack of good faith and reasoned decision-making," Korman said.

The judge ordered the FDA to permit Barr Pharmaceuticals to make Plan B available to 17-year-olds without a prescription. He said his order must be complied with within 30 days.

The Family Research Council said the judge's decision bowed to pressure from the left.

"Judge Korman has accepted lock, stock and barrel all of the claims of a political ideology promoting sexual license for teens," said Chris Gacek, a regulation expert with the group. (AP)



Steam rises from the summit crater of Alaska's Mount Redoubt on Saturday. The volcano erupted five times Sunday night.

Alaskan Volcano Erupts Five Times

Fine gray dust falls on small communities near Mount Redoubt

WILLOW, ALASKA | Alaska's Mount Redoubt volcano erupted five times overnight, sending an ash plume more than 9 miles into the air in the volcano's first emissions in nearly 20 years.

Residents in the state's largest city were spared from falling ash,

though fine gray dust was falling Monday morning on small communities north of Anchorage. The ash began falling around daybreak and continued into midmorning.

"It's coming down," Rita Jackson, 56, said early Monday morning at a 24-hour grocery store in Willow, about 50 miles north of Anchorage.

Ash from Alaska's volcanos is like a rock fragment with jagged edges and has been used as an industrial

abrasive. It can injure skin, eyes and breathing passages. Ash can also damage engines in planes.

The 10,200-foot-tall Redoubt Volcano last erupted during a four-month period from 1989 to 1990. During that eruption, Redoubt sent ash 150 miles away into the path of a KLM jet, causing its four engines to flame out. The jet dropped more than 2 miles before the crew was able to restart all its engines and land safely. MARY PEMBERTON (AP)

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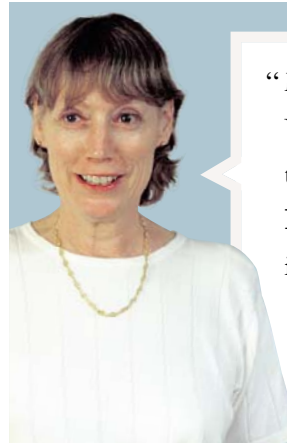
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World



FAMOUS FRUIT: Australian authorities on Monday placed Queensland's 52-foot-tall Big Pineapple on the Queensland state heritage register, Agence France-Presse reported. The fiberglass fruit is now ranked alongside the state's top historic and cultural sites.

Bomber Strikes Iraqi Funeral Tent

Attack kills 23 people in area struggling with Arab-Kurdish tension

BAGHDAD | A suicide bomber struck a tent filled with Kurdish funeral mourners Monday, unleashing a huge fireball that killed at least 23 people in a northern town where Kurds and Arabs are competing for power.

Also on Monday, Turkey's visiting president pressed the Iraqi government to crack down on Kurdish

rebels who stage cross-border raids into Turkish territory from sanctuaries in northern Iraq.

About 30 people were wounded in the attack in the town of Jalula about 80 miles northeast of Baghdad, said police Col. Azad Issa. A member of the provincial security committee, Amir Rifaat, said 24 people were killed and 28 were wounded. The difference could not be immediately reconciled.

Karim Khudadat, whose father was being mourned, said he was receiving visitors when the bomb-

er struck.

"I was with my relatives outside the tent, receiving people who came to offer condolences, when suddenly the explosion took place," Khudadat said. "Suddenly, a huge flame engulfed the tent and I was wounded in my head and legs."

Elsewhere, eight people were killed and 10 were wounded in a bombing near a bus stop west of Baghdad, and a policeman died and eight people were wounded in a suicide blast at a market in the northern town of Tal Afar.

A series of high-profile bombings this month has raised concern that insurgents may be regrouping as the U.S. begins to scale down combat operations and hand over security responsibility to the Iraqis ahead of a planned American troop withdrawal by the end of 2011.

The attack in Jalula was noteworthy because it points to rising tensions in the north between Kurds and Arabs over control of a swath of territory that the Kurds want to incorporate into their self-ruled region. **ROBERT H. REID (AP)**

In Brief

BANGKOK

U.N.: Continued Detention Of Myanmar Activist Illegal

The United Nations has ruled the continued detention of pro-democracy leader Aung San Suu Kyi violates Myanmar's laws and those of the international community, according to a legal document.



Suu Kyi

Although the ruling is unlikely to win Suu Kyi's release from detention, it is uncommon for the world body to accuse a member country of violating its own laws. Suu Kyi, a Nobel Peace Prize laureate, has spent 13 of the last 19 years under house arrest. **(AP)**

TOKYO

Sudden Changes in Wind May Have Caused FedEx Crash

Wind shear, or sudden changes in wind that can lift or smash an aircraft into the ground, may have caused the crash of a FedEx jet that cartwheeled on the runway at Tokyo's main international airport and burst into a fireball, investigators said Monday. Experts, however, noted that the model was notoriously difficult to land. The American pilot and co-pilot — the only two people on board — were killed when the MD-11 cargo plane crashed and burst into flames upon landing. **(AP)**

NATO Kills Key Taliban Militant

Officials say a senior commander, 9 other fighters died Saturday

KABUL | NATO troops killed a senior Taliban commander and nine other militants in southern Afghanistan, officials said Monday, striking a blow in the group's heartland where the U.S. plans to send thousands of additional troops to stem the growing violence.

More than a dozen Afghan and coalition forces have been killed in the south in recent days, including eight Afghan police who were killed by Taliban fighters Monday in the Kandahar province.

Senior Taliban commander Maulawi Hassan and his associates were killed Saturday when NATO troops attacked an isolated compound in the Kajaki area of southern Helmand province, NATO said in a statement, adding that there were no civilians involved.

U.S.-led forces toppled the Taliban government in 2001, but many militants fled to Pakistan where they have been launching cross-border attacks into Afghanistan alongside al-Qaeda. President Obama has already pledged to send an additional 17,000 troops to Afghanistan this year. **SEBASTIAN ABBOT (AP)**



Palestinians carry a victim away from the site of an explosion that killed a senior Fatah official and three bodyguards Monday.

Blast in Lebanon Kills Fatah Official

Explosion hits convoy as it leaves Palestinian refugee camp in south

BEIRUT | An explosion in southern Lebanon on Monday killed a senior Fatah official and three of his bodyguards as they were leaving a Palestinian refugee camp.

The blast, apparently from a roadside bomb, struck a two-car convoy carrying Fatah's Kamal

Madhat as they left the Mieh Mieh camp near the southern port city of Sidon, killing Madhat and the bodyguards, Lebanese and Palestinian security officials said. A fourth bodyguard was wounded.

Madhat's car was completely gutted in the explosion that left a 16-foot-wide crater, the officials said, speaking on condition of anonymity because they were not authorized to talk to the media. The vehicle was thrown off the road into a valley.

Madhat, 55, was visiting the Mieh Mieh camp to offer condolences to families of two Fatah members who were killed Saturday in a gunfight in the camp.

The blast was heard across Sidon. Witnesses said pieces of torn flesh were scattered near the bomb site, as ambulances and civil defense rushed to evacuate the victims.

No one claimed responsibility for the blast. Lebanon officials released no statements. **HUSSEIN DAKROUB (AP)**

CHINA | TEAMWORK



BALANCING ACT: A group of workers erect scaffolding at a construction site in Shenyang, in northeast China, on Monday.

2

The amount, in millions of dollars, Mexico is offering for information leading to the arrest of each of 24 top drug lords on its most-wanted list, according to Mexico's attorney general's office.

World



Ratan Tata, the chairman of the Tata group, on Monday poses in front of a Nano vehicle that will be sold for about \$2,000 in India.

The Drive for Cheap Cars

Automaker says \$2K Nano will be available in India by this July

MUMBAI, INDIA | The world's cheapest car will retail for just over \$2,000 and can be yours — if you live in India and are very lucky — by July, Tata Motors said Monday.

The Nano, a pint-sized vehicle designed to make car ownership accessible to millions of the world's poor, finally goes on sale in India next month. Whether it will revolutionize the global auto industry — or turn around its manufacturer's fortunes — has yet to be seen, and other automakers will be watching to see how consumers respond to the car. So will environmentalists.

NANO IN A NUTSHELL

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The Nano's starting retail price

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NO	power windows (extra)

"We can do what most countries felt could not be done," Ratan Tata, chairman of the sprawling Tata group of companies, said at a launch

ceremony Monday, as the swelling strains of the theme song to "2001: A Space Odyssey" died away.

"Nothing is really impossible if you set your mind to it," he said. "What we have done is given the country an affordable car."

And, he pledged to go to Europe and America soon, with safer, cleaner but still ultra-cheap Nanos for the developed world.

The Nano was initially targeted at impoverished first-time car buyers in Asia and Africa, but the global economic meltdown has amplified the company's export ambitions.

Tata is now designing a version of the Nano that meets U.S. safety and emissions standards, and should be ready for launch in about three years, Tata said. ERIKA KINETZ (AP)

Al-Bashir Defies ICC, Leaves Sudan

KHARTOUM | Sudan's president traveled to Eritrea Monday, choosing one of Africa's most politically isolated nations for his first trip abroad since an international court sought his arrest on charges of war crimes in Darfur.

The one-day visit followed Eritrea's official invitation to Sudan's Omar al-Bashir, who faces the arrest

warrant by the Netherlands-based International Criminal Court.

Eritrean television showed live coverage of al-Bashir being greeted at the airport in the Eritrean capital Asmara by his counterpart President Isaias Afwerki, along with drummers and dancers. Sudanese state television later Monday showed live images of al-Bashir returning



al-Bashir

to Khartoum. Sudanese Foreign Minister Deng Alor said the visit was "important" and reflected Eritrean "solidarity ... with Sudan against the ICC." Eritrean Information Minister Ali Abdu said al-Bashir was there to discuss regional security. (AP)

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Local

GET EGGCITED: The White House said Monday that tickets for the April 13 Easter Egg Roll will be available online so that more families will have a chance to participate in the annual South Lawn tradition. Starting Thursday, information will be available at Whitehouse.gov/eastereggroll.



Homeless Roam With Cell Phones

Group in the District needs to stay connected to survive tough world

To the usual trappings that help many homeless people endure life on the streets — woolen blankets, shopping carts or cardboard box shelters — add the humble cell phone.

Today, it's not unusual for the homeless to whip out Nokia 6085 GoPhones (with optional Bluetooth and USB connectivity), stop at a public computer to check e-mail or urge friends to read their blogs.

It's another sign of a society in transition by way of technology, as businesses shed physical addresses for cyberspace and homeless people can establish an online presence and chase opportunities digitally.

"Having a phone isn't even a privilege anymore — it's a necessity," said Rommel McBride, 50, who spent about six years on the streets before recently being placed in a city housing program. He has



Gwendolyn Bell's may be homeless, but she has her own cell phone. Homeless people use cell phones for emergencies, employment opportunities and safety.

had a cell phone for a year. "A cell phone is the only way you can call to keep up with your food stamps, your housing application, your job. When you're living in a shelter or sleeping on the streets, it's your

last line of communication with the world."

Advocates who work with the District's homeless estimate that 30 percent to 45 percent of the people they help have cell phones.

LOW ENTRY, HIGH USE

Cell phones have become affordable for the homeless, too:

\$30 Normal cost of a prepaid cell phone.

30%-45%

of homeless people in the District use cell phones.

HOMELESS BLOGGERS

Streets.tv hosts local blogs for homeless District residents:

→ **"On the Clock with Eric Sheptock"** Sheptock chronicles his life on the street and criticizes the District's record on helping the homeless.

(STREETSTV.BLOGSPOT.COM)

→ **"Better Believe Steve"**

Steve Thomas writes about his struggles with addiction and homelessness in the District.

(STREETS.TV/BBS.HTML)

A smaller number have e-mail accounts, and some blog to chronicle their lives on the streets.

When Laura Zeilinger, deputy director of program operations for the D.C. Department of Human Services, conducted housing assessments of a couple thousand people living on city streets last summer, she was surprised by how many gave her cell phone numbers and e-mail addresses.

"Phones are really a lifeline for many people," said Adam Rocap, director of social services at Miriam's Kitchen, a nonprofit drop-in center for the homeless. During a string of attacks against homeless people sleeping downtown in the fall, two victims called 911 for help after they were assaulted, he said.

At Miriam's Kitchen this month, dozens of cell phones snapped to attention and captured photos of first lady Michelle Obama when she stopped by to serve lunch.

The scenario rankled some conservative commentators, who bemoaned a society where people who don't have homes can afford cell phones. PETULA DVORAK

(THE WASHINGTON POST)

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Local

Jan. 20 Debacle Blamed on Plans

Report: Ticket holders missed inauguration due to flood of people

A report released by a congressional committee Monday found that "flaws and shortcomings in the planning process" contributed to chaotic conditions for ticket-holders trying to attend Barack Obama's inauguration Jan. 20.

Thousands of people complained they were stuck in slow-moving lines or tightly packed crowds outside entrance gates to the Capitol area, forcing them to miss the ceremony despite holding tickets.

An executive summary of the report said the main problem was a flood of people, many without the proper tickets, who overwhelmed the entrance gates.

The document also cited insufficient signs, a lack of coordination among law-enforcement agencies, and a lack of personnel to keep order and provide information.

The summary also noted that officials at the multi-agency com-



JACQUELYN MARTIN/AP

Tightly packed crowds near the Capitol caused some to miss the inauguration.

mand center weren't aware of the bedlam at some entrances.

The report was drawn up for the Joint Congressional Committee on Inaugural Ceremonies by several law-enforcement agencies that worked on the inauguration, led by the Secret Service.

About 1.8 million people attended the inauguration, the biggest crowd for an event ever in Washington, federal and local officials said. **MARY BETH SHERIDAN**

(THE WASHINGTON POST)

The Lotteries

Monday, March 23

DISTRICT

Mid-day Lucky Numbers	2-7-9
Evening Lucky Numbers (Sun.)	9-1-3
Mid-day DC 4	5-1-0-6
Evening DC 4 (Sun.)	8-9-8-6
Rolling Cash Five (Sun.)	2-5-6-30-33
Daily 6 (Sun.)	4-18-20-21-22-30 Bonus: 2

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

MARYLAND

Mid-day Pick 3	0-0-9
Evening Pick 3 (Sun.)	1-8-5
Mid-day Pick 4	5-0-5-5
Evening Pick 4 (Sun.)	0-2-4-1
Match 5 (Sun.)	11-18-25-27-35 Bonus: 19

VIRGINIA

Mid-day Pick 3	7-7-6
Evening Pick 3 (Sun.)	3-6-5
Mid-day Pick 4	6-9-5-7
Evening Pick 4 (Sun.)	6-7-6-4
Mid-day Cash 5	2-6-12-31-34
Evening Cash 5 (Sun.)	6-10-11-12-31



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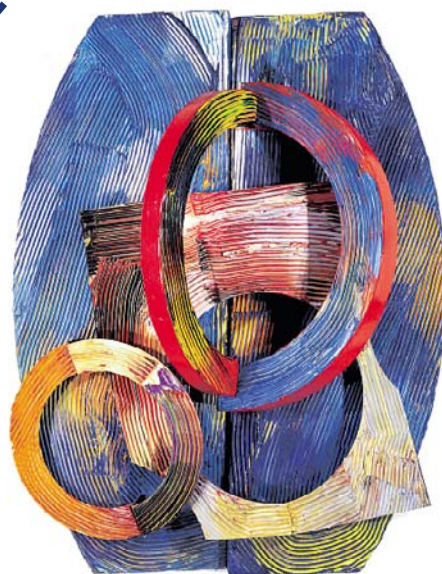
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Money



PMZ Real Estate agent Michelle Zeiter, left, walks into a bank-owned home she is showing to clients Maurice McJimsey, center, and Irene Mello in Stockton, Calif.

Home Buyers Get Back in the Game

Sales jump 5.1 percent
as bargain-hunting
mentality takes hold

WASHINGTON | Sales of previously occupied homes jumped unexpectedly in February by the largest amount in nearly six years as first-time buyers took advantage of deep discounts on foreclosures and other distressed properties.

Economists said sales, while still at levels not seen since 1997, may finally be coming back to life after declining sharply following the stock market plunge last autumn.

Prices, however, are expected to keep falling well into the year. As the recession deepens and job losses mount, many buyers are likely to stay on the sidelines.

"The four-letter word in the housing market is 'jobs,'" said Nicolas Retsinas, director of Harvard University's Joint Center for Housing Studies. "If you're worried about having a job tomorrow, you're not likely to buy a home now."

The National Association of Realtors said sales of existing homes grew 5.1 percent to an annual rate of 4.72 million last month, from 4.49 million units in January.

It was the largest monthly sales jump since July 2003, with first-

PRICED TO SELL

THERE WAS A

15.5%

percent drop in the median sales price of a house in February, compared to the same month last year. The median price fell to \$165,400, compared to \$195,800 in February 2008.

ABOUT

45%

of the houses being sold in the U.S. are foreclosures or other distressed properties, according to the National Association of Realtors.

time buyers accounting for about half of all transactions.

"If January was a disaster for housing, February may be the rebound month," wrote Joel Naroff of Naroff Economic Advisors.

The sales figures don't yet reflect the new \$8,000 tax credit designed to lure even more first-time buyers into the market. That should juice up early summer sales. (AP)



"It's true, if that's what ends up happening. First, I have to see how I feel in the practices this week."

—Gilbert Arenas, on the validity of a report that he will play his first game this year on Saturday.

Sports

Terps Feel at Home in Tournament

Games at Comcast Center give Maryland an edge in early rounds

TERPS WOMEN'S HOOPS | The crowd is overwhelmingly red and black. The band pumps out the Maryland fight song at regular intervals, and the jerseys of the team's two top players are already retired and hanging in the rafters.

This may be the NCAA tournament, but it's no neutral site. It's a home game for Maryland. The top-seeded Terrapins took advantage of the partisan environment in a blow-out win over Dartmouth on Sun-



Coach Brenda Frese and Maryland extended their home-court winning streak to 35 games with Sunday's win over Dartmouth.



day and hope to feed off it again on Tuesday when they face ninth-seed Utah for the right to move into the Sweet 16. The next round of games for Maryland would be played in Raleigh, N.C., out of the D.C. area but still in ACC country.

A primary reason for staging opening round games on the home courts of participating teams is that it puts fans in the seats. The women's tournament has struggled to draw crowds for opening-round games on neutral courts. Is it fair?

"You have to be realistic when you're trying to do neutral courts," Maryland coach Brenda Frese said.

"It hasn't worked out for the women just yet. Obviously, in an ideal situation, [neutral courts] would be the most fair and the most equitable, but we wouldn't be playing in front of what you saw tonight with 10,000 fans. ... It is what it is."

For Maryland, players said, it's an opportunity to maintain momentum in a friendly atmosphere. With Sunday's win, the Terrapins have won 13-straight games overall and their last 35 at home.

On Sunday, it was Maryland's two star seniors, Kristi Toliver and

"In an ideal situation, [neutral courts] would be the most fair."

BRENDA FRESE, TERPS COACH

Marissa Coleman, who controlled the game as their jerseys hung in the rafters above. Their numbers were retired before the last regular-season home game.

Toliver broke out early against Dartmouth. At halftime, the Big Green had 23 points, and so did Toliver. She finished with 27. Coleman had a game-high 13 rebounds. Neither was concerned with the jersey numbers hanging in Comcast Center. The focus, they said, was on adding another decoration.

"It's special," Coleman said. "I know it hasn't sunk in for me yet. But we're more focused on getting another big banner [for a national title] to go along with 2006 right now." DEREK TURNER

Swengali

CAPITALS | BY MATT SWENSON

Cherry Too Sour On Ovechkin

AT LEAST PART of the reason for Capitals superstar Alex Ovechkin's popularity is that he has a great sense of panache.

And a good deal of hockey announcer Don Cherry's success has come from his — What's the right word? Let's say colorful — outfits.

You'd think one showman would appreciate the other. Except Cherry's ongoing criticism of Ovechkin has strangely become one of Washington's storylines this season.

Perhaps it's that we are unaccustomed to any less-than-stellar commentary about the Great Eight, who this weekend ensured this will be the third-straight season in which he will have scored at least 50 goals.

Cherry's criticism of Ovechkin has become one of Washington's storylines.

After hitting the milestone, Ovechkin performed one of his trademark goal celebrations. Think Chad Ocho Cinco on skates — and if Ocho Cinco were even half as good as he thinks he is.

Cherry, who previously chastised the Russian forward for being too flamboyant, wasn't going to let this go. Predictably, the announcer took another slap shot — stressing that hockey players should be more restrained when celebrating.

Ovechkin actually has fun out on the ice. Boo hoo. Cherry should appreciate Ovechkin's exuberance. Instead, he sounds like an out-of-touch old man who wishes someone else was the face of the NHL.

Ovechkin is fun to watch — and not just because of his celebrations. Cherry should lighten up and enjoy the show.

@ To reach Matt Swenson, e-mail matt.swenson@readexpress.com

Injury Puts Lance's Comeback on Hold

Fractured collarbone may derail Armstrong's shot at Tour de France

CYCLING | Lance Armstrong fractured his collarbone Monday during a race in Spain, leaving in question his participation in the Tour de France in July.

The seven-time Tour champion said he will fly to the United States and have surgery in the next couple days.

"We'll go from there," he said.

"I think for the Tour it's a very big problem."

In a statement released later Monday, the 37-year-old said he had "been lucky to avoid one of the most common cycling injuries" in his 17-year career. Armstrong is scheduled to compete in the Giro d'Italia from May 9 to May 31. The Tour runs July 4 through 26.

He was knocked off his bike during a pileup in the first stage of the Vuelta de Castilla and Leon race, and was taken to a hospital by ambulance.



Lance Armstrong answers questions after breaking his collarbone Monday.

"The collarbone is broken, and I have a little bit of road rash abrasions," Armstrong said as he left Valladolid University Hospital. "I've never had this happen before; it's pretty painful. I feel really miserable."

Astana team leader Johan Bruyneel said on his Twitter feed that there were no complications in the break and suggested Armstrong could be back riding soon.

Armstrong, who has a home in Aspen, Colo., is making a cycling comeback and is riding with the Astana team as he prepares for another possible shot at a Tour de France title. CIARAN GILES (AP)

Sports



Tennessee coach Pat Summitt, right, looks on during the team's first-round NCAA tournament loss to Ball State Sunday. It was Ball State's first tourney appearance.

Lady Volunteers Hit Rock Bottom

Legendary basketball program in shambles after 1st-round loss

WOMEN'S COLLEGE HOOPS | The bottom fell out of the Tennessee women's basketball program this year, and whether the storied program has hit rock bottom will depend on how much the young Lady Volunteers can improve during the offseason.

Though it would be hard for Vols fans to imagine it getting any worse.

Yes, Tennessee won 22 games, but they lost 11 — the most since 1976. They didn't win a conference title and after a first-round exit from the NCAA tournament, the team fell short of even Pat Summitt's lowered expectations.

And with no Candace Parker or Chamique Holdsclaw waiting in the wings to lead Tennessee back to prominence, it is up to the current players.

"All I can hope is that it will be a motivation," Summitt said of Tennessee's 71-55 NCAA tournament loss to Ball State on Sunday.

"We are only graduating one senior, and it's all about what this team decides to do in the offseason."

The team representing the sport's legendary program lost to a team making its first appearance in the NCAA tournament. If that wasn't enough, it was Tennessee's first loss in either a first- or second-round game.

"This, hopefully, down the road will be a valuable lesson for them," Summitt said. **BETH RUCKER (AP)**

TODAY'S TV LINEUP

WOMEN'S NCAA HOOPS (7 P.M. AND 9:30 P.M. ON ESPN) No. 1 seed Maryland takes on Utah in the opening game of Tuesday's second-round tournament action.

CAPITALS (7 P.M. ON CSN) Alex Ovechkin and the Caps are on the road to face the Toronto Maple Leafs.

NBA (8:15 P.M. AND 10:30 P.M. ON TNT) The

Chicago Bulls host the Detroit Pistons, and the Utah Jazz take on the Houston Rockets.

NIT (7 P.M. AND 9 P.M. ON ESPN) Baylor faces Auburn and Penn State is at Florida in the NIT quarterfinals.

MORE NHL (7 P.M. ON VERSUS) The New York Rangers host the Minnesota Wild.

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PROGRESS REPORT: Yankees star Alex Rodriguez is making progress in his rehab program after right hip surgery but is unlikely to rejoin the team before it breaks camp on April 1.

Sports

Nats Should Skip Pitcher

Boswell: History says drafting a hitter No. 1 overall is much safer

NATIONALS | It's too bad Stephen Strasburg is a pitcher. Otherwise, he might be worth a record-shattering amount of money for a No. 1 overall draft pick. But he's a pitcher. So, he isn't.

History is unequivocal. Strasburg, no matter how much he dominates college hitters, will probably either be a .500 pitcher with a 150-150 record. Or he'll be a bust.

Unless his price drops to the same general range as David Price (\$8.8 million) in 2007 or Mark Prior (a record \$10.5 million in 2001), the Nationals should pick somebody else with their top choice in the draft in three months.

At the kind of numbers being rumored or leaked last weekend — \$50 million for six years — there's nothing to see here. It's a waste of time. Especially since Scott Boras is Strasburg's agent. Breaking the bank for Strasburg would be a huge waste of money and would squander an enormously valuable draft pick.

Enormously valuable, that is, if you pick a hitter.

The history of baseball's draft since it began in 1965 is unmistakable. You can project exceptional hitters with about a 50 percent success rate. You can't project No. 1-overall pitchers at all.

Nobody has used a No. 1 overall pick on a pitcher and been glad about it. Thirteen teams have tried it since the draft began in 1965. Nine have gotten egg on their faces.



San Diego State ace Stephen Strasburg is considered the top prospect in the draft. But the Nats will have to decide whether he is worth the risk of a \$50M deal.

A BIG RISK

The Nationals ought to be wary of the history of drafting pitchers:

\$10.5M

The amount the Cubs

signed then-phenom Mark Prior for after he was drafted No. 1.

155-139

The career record of

Andy Benes, the best of any pitcher taken No. 1 overall in the draft.

13

Teams

have drafted pitchers with the No. 1 overall pick. Nine were busts.

The lucky four got Andy Benes (155-139), Tim Lincecum (146-140), Mike Moore (161-176) and Floyd Bannister (134-143). No Hall of Famers. Not close.

However, if the Nats use their

No. 1 overall pick for a hitter, who might they get?

Perhaps a future Hall of Famer like Ken Griffey Jr., Chipper Jones or Alex Rodriguez. Or Harold Baines or Darryl Strawberry. Or a batting champ like Joe Mauer, an MVP like Jeff Burroughs or a young thumper like Adrian Gonzalez (36 homers, 119 RBI). Or they might get a hitter with more than 200 homers like Pat Burrell, Phil Nevin, Bob Horner or Rick Monday. Or they might get a useful B.J. Surhoff or Darin Erstad.

You get it. Hitters pan out — almost half the time. Pitchers flop or at best disappoint given their astronomical hype. **THOMAS BOSWELL**

(THE WASHINGTON POST)



The Washington Post

For more of Boswell's column, including a look at ex-Oriole Ben McDonald as a case study in drafting pitchers | **Today's Sports**

Big Bird May Be Starter in Baltimore

Former NBA player Hendrickson could crack Orioles' rotation

ORIOLES | The short list of candidates for the Baltimore Orioles' starting rotation now includes one of the tallest players on the team: 6-foot-9 Mark Hendrickson, the

only left-hander in the bunch.

With left-hander Rich Hill yet to pitch this spring because of left elbow discomfort, manager Dave Trembley will likely turn to Hendrickson if he wants a southpaw in the starting five.

That's fine with Hendrickson, a former NBA player who signed a one-year, \$1.5 million free-agent

deal in December. Though the Orioles envisioned him as a swingman — capable of being a long man out of the bullpen or a spot starter — Hendrickson tailored his winter workouts toward stretching himself out for the latter role. "I prepared to be a starter, which is what I do every winter," said Hendrickson. "That's my mentality." (AP)

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Sports



WHAT A SHOCK: Terrell Owens missed the start of the Buffalo Bills' voluntary offseason conditioning program Monday, ESPN reported. He's expected to attend some of the sessions.

'Zero Regrets' for Schilling

Fireballer retires after 23 years, having won 3 World Series rings

BASEBALL | Curt Schilling retired from baseball Monday, ending a career in which he won World Series titles with the Boston Red Sox and Arizona Diamondbacks, and was one of the game's most dominant pitchers and grittiest competitors.

The 42-year-old right-hander said on his blog he's leaving after 23 years with "zero regrets." Schilling missed all of last season with a shoulder injury after signing a one-year, \$8 million contract.

"The things I was allowed to experience, the people I was able to call friends, teammates, mentors, coaches and opponents, the travel, all of it, are far more than anything I ever thought possible in my lifetime," he wrote.

Schilling had surgery last June and had said he might come back in

HALL OF FAME-WORTHY?

There is a good case to be made that Curt Schilling deserves a spot in Cooperstown after his 23-year career:



- Schilling helped Boston win its first World Series in 86 years, pitching Game 2 of the series after a surgical procedure to suture a tendon in his right ankle and with blood seeping through his sock. The sock is already in the Hall of Fame.
- He finishes with 3,116 strikeouts, the 14th most in baseball history, a 216-146 record and a 3.46 ERA.
- He went 11-2 in the postseason, the best of any pitcher with at least 10 decisions, with a 2.23 ERA.

the middle of this season, though he was not under contract. He made no reference to his injury on his blog.

He was co-MVP of the 2001 World Series with Randy Johnson while in Arizona. Schilling also won World Series titles with Boston in 2004 and 2007.

"Curt had a great career and made a profound impact on the Red Sox, helping to restore the Red Sox's status as a championship organization," general manager Theo Epstein said in an e-mail to The Associated

Press. "He was consistently dominant, and never more so than when it mattered most. Not only for what he did — but for when and how he did it — Curt deserves to be remembered with the all-time greats."

In the final game of his career, he won Game 2 of Boston's 2007 World Series sweep of the Colorado Rockies, 2-1. Schilling allowed one run on four hits in 5 1/3 innings and was relieved by Hideki Okajima after walking Todd Helton on a full count. HOWARD ULMAN (AP)



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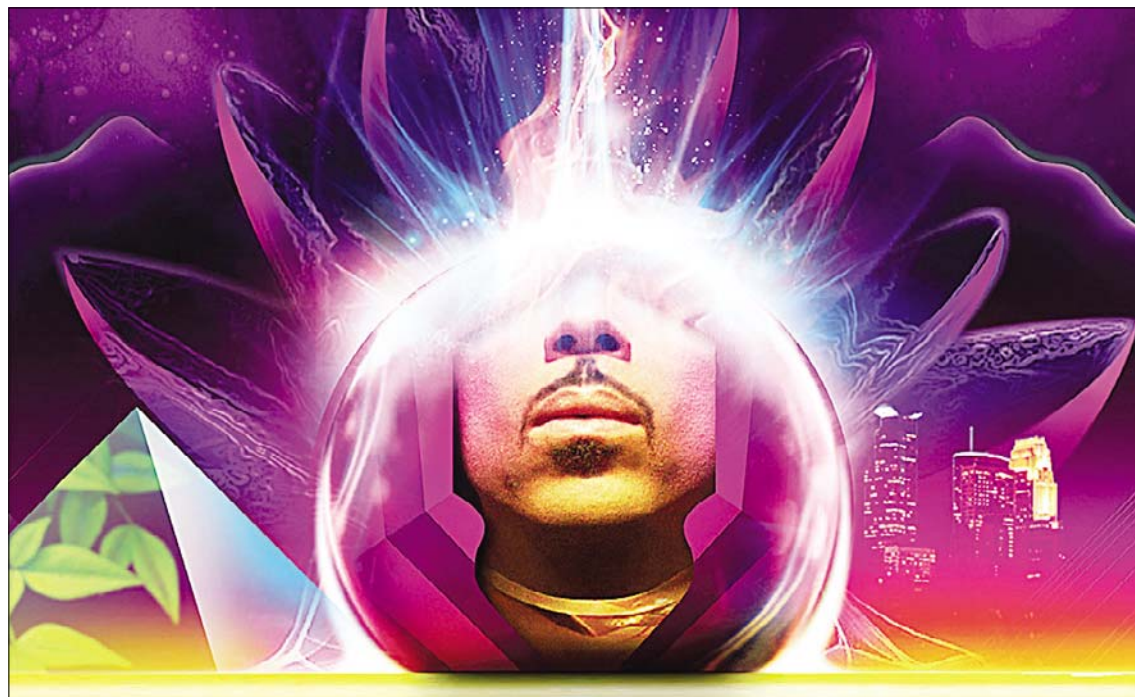
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RUNAWAY DOG: The dramedy "Marley and Me," starring Jennifer Aniston, left, shared top international box-office honors this weekend with "Gran Torino." Each grossed \$8.8 million from 38 markets, the lowest haul for any No. 1 film this year.

Entertainment



LO! IT IS WRITTEN: It is easier for a rich man to trap himself inside a genie's bottle than it is for him to craft a disc of funky hits.

Bloomin' Awful

Prince's new 3-CD set, 'LOtUSFLOW3R,' is a disappointment

MUSIC | Of the 31 tracks on Prince's new three-CD fire sale, only a handful will glint in the eyes of loyal fans who still sift through his newer material for rare gems. To those awaiting a free sample on the radio, sorry — you aren't going to get one

this time around, either.

It's been 15 years since a Prince single cracked the Top 10 ("The Most Beautiful Girl in the World" charted No. 3 in 1994), and nothing from these three discs sounds in danger of breaking that streak.

The rare die-hard who understood "The Rainbow Children," Prince's wildly conceptual Jehova's Witnesses manifesto from 2001, may be able to translate the shift-

ing language of "LOtUSFLOW3R," the central record in this effort. It's heavy and esoteric at times, jaunty and jammy at times, and highly indulgent all the time. The thing is, if you're going to listen to someone indulge in genre-bending psychedelia, it may as well be this guy.

The best track is "Boom," with its melody that descends like a meteor shower, ponderous slabs of wet bass crashing all around and light

saber-buzz guitar to slice through it all. The song embodies the surrealism of the fan site that Prince helped design, Lotusflow3r.com, from which "members" can download all three albums as part of a \$77 annual subscription fee beginning Tuesday.

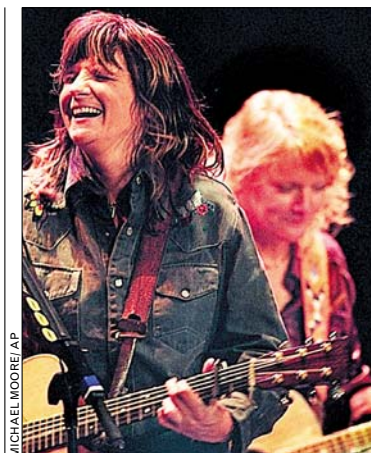
The deal includes a T-shirt, dibs on concert tickets, access to a vast archive of concert footage and other digital geek-out goodies. (The three-CD set is being sold in its physical form exclusively at Target for a much more earthly \$11.98.)

On another guitar-heavy highlight, "Dreamer," Prince unabashedly echoes Jimi Hendrix's "Voodoo Child" — in fact, the better part of "LOtUSFLOW3R" careens around the edges of the bluesy, spacey trail that Hendrix blazed. But its unevenness is its undoing; weird mumbling, random atmospherics — and an unnecessary cover of "Crimson and Clover" — punch gaping holes in the cosmic seriousness with which the record takes itself.

Thank goodness, then, for "MPLSoUND," much of which may be the artist's greatest gift to fans in many years. But sure enough, even "MPLSoUND" gets bogged down in throwaway slow jams and shuffles that suck nearly all the fun energy from a promisingly rowdy start.

The good news is that at \$11.98 for all three, you can afford to rip the good tracks from "LOtUSFLOW3R" and "MPLSoUND" to your iPod, then use "Elixer" as a mirror to work on your air-guitar face. You're going to need it.

JOSH DICKEY (AP)



MOOD INDIGO: Amy Ray, left, and Emily Saliers double up on the "Poseidon" CD.

The Girls Still Have Some Fun

'Poseidon and the Bitter Bug' mixes poetry and melodies

MUSIC | Amy Ray and Emily Saliers spent three weeks in an Atlanta recording studio and came out with a double disc of songs showcasing the duo's storytelling talents and guitar melodies.

The two discs that make up the Indigo Girls' latest, "Poseidon and the Bitter Bug," each contain the same 10 songs — five from Ray and five from Saliers. The first disc features rich, full band orchestrations, and the second disc is a stripped-down set of just the Indigo Girls and their guitars.

The songs stay true to their style — using guitar and percussion to tell American stories of good and evil; love; loss; and life with well-crafted lyrics, melody, harmony and rhythm.

The album's "don't miss" tracks include Saliers' "Digging for Your Dream" and Ray's laid-back and bluesy "Sugar Tongue." Both continue the band's folk-rock heritage, and Ray and Saliers have been in the game for more than 20 years. The songwriting on this album reveals two world-weary women reflecting on the joys and sorrows of a partial life lived. CARYN ROUSSEAU (AP)

Poet Plath's Son Hangs Himself

Nicholas Hughes, 43, commits suicide 46 years after mom did

OBITUARY | Nicholas Hughes, the son of poet Sylvia Plath, has killed himself, 46 years after his mother committed suicide and almost 40 years to the day after his stepmother, Assia Wevill, did the same. He was 47.

Hughes, who was not married and had no children, hanged him-

self at his home March 16, Alaska State Troopers said. An evolutionary biologist, he spent more than a decade on the faculty of the University of Alaska Fairbanks. Marmian Grimes, the university's senior public information officer, said he left about a year ago.

Hughes' older sister, poet Frieda Hughes, issued a statement through the Times of London, expressing her "profound sorrow" and saying that he "had been battling depression for some time."



After her death, Sylvia Plath became a potent symbol of feminist freedoms.

Nicholas Hughes was only 9 months old when his parents, Plath and poet Ted Hughes, separated, and was still an infant when his mother died in February 1963.

Not widely known when she died, Plath became a cult figure and feminist martyr through the novel "The Bell Jar," which told of a suicidal young woman, and through the "Ariel" poems she had been working on near the end of her life.

Ted Hughes, England's poet laureate, died of cancer in 1998. (AP)

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Entertainment

Fresh Firestorm

**Despite online leaks,
the Yeah Yeah Yeahs
feel very 'Blitzed' out**

EARLY | Yeah Yeah Yeahs drummer Brian Chase likens the recent leak of the rock act's third full-length album, "It's Blitz!," to a kid finding and opening his or her gifts a couple weeks before Christmas.

"There's almost a loss in value in that kind of situation," he says. "But at the same time, we were prepared for something like this and were excited for the music to be out in the world."

In response to the late-February leak, "It's Blitz!" was released digitally on March 10, approximately one month ahead of its originally scheduled April 14 debut. The set debuted this week at No. 32 on the Billboard 200, with 13,000 digital copies sold in the United States, according to Nielsen SoundScan. It also debuted at No. 4 on Top Digital Albums.

The leak "forced us to scramble," says Interscope/Geffen/A&M Executive Vice President of Marketing and Publicity Den-



A magnetic singer, Karen O channels the yelps and yowls for the Yeahs Yeah Yeahs.

nis Dennehy.

Yeah Yeah Yeahs lead singer Karen O says that despite whatever panic the leak caused, it also added to the buzz the album was receiving from the electro-tinged single "Zero." It was released to the blogosphere in mid-February. "There's a buzz around the record, and that's a great tool for a band — these days especially," the singer says.

Along with performances on "Late Show With David Letterman"

(April 14) and "Late Night With Jimmy Fallon" (April 15), the band is set to perform at several music festivals, including Coachella, Sasquatch! and Bonnaroo.

The album will be released physically on March 31 and on vinyl on April 14. "Blitz!" follows the act's 2006 set, "Show Your Bones," which debuted and peaked at No. 11 on the Billboard 200. It has sold 269,000 U.S. copies, according to SoundScan.

MITCHELL PETERS (BILLBOARD)

Casual Players Wanted

**Electronic Arts tries
to thin the nerd herd
and attract newbies**

TARGETS | The audience for video games has changed a lot in the last few years, with more women and older players picking up joysticks. That's created a demand for more games that families can enjoy together, such as "Wii Sports" and "Rock Band," and publishers have had a hard time adjusting to a more



Fallout from upped promotion of traditional games may be teens who talk.

lighthearted, casual style of play.

One way to attract those new gamers is with familiar titles — names such as Scrabble, Yahtzee, Boggle and Trivial Pursuit. All those brands belong to Hasbro, and Electronic Arts has the electronic publishing rights to all of Hasbro's board games.

"It's the perfect time to have

these products," says Chip Lange, general manager of EA's Hasbro division. "Everyone realizes this is a new form of family entertainment."

EA had some success last year with the compilation "Hasbro Family Game Night" on the Nintendo Wii, and it's now introducing some of those games on Microsoft's Xbox Live. Lange says the EA versions of games such as Scrabble and Monopoly are more than just simple translations. "We've invested some creativity in the brands," he says.

For online players, the Hasbro games will have leaderboards and tournaments, and EA is hoping that board game fans will cross over. "We have the best opportunity yet to host the first truly national Scrabble tournament," Lange says.

LOU KESTEN (AP)

Entertainment



THE CAST INCARNATE: Think two tickets will be a breeze to score? Fuggetaboutit.

A Bloody Night in Brooklyn

'God of Carnage' may be Broadway's play of the season

STAGE | Civility is thoroughly trashed in "God of Carnage," Yasmina Reza's hilarious yet surprisingly thoughtful comedy that has brought James Gandolfini to Broadway.

Here, Gandolfini is a team player, one of four actors who do superb ensemble work in a verbally and physically volatile production.

The play, which opened Sunday at the Bernard B. Jacobs Theatre, has been adapted from the French play by Christopher Hampton. For Broadway, he's transplanted the story from Paris to what appears to be upper middle-class Brooklyn, where two sets of parents are meeting to discuss their young sons' park brawl. The problem: How to defuse the situation in which one lad suffered two teeth broken.

Fueled by that ultra-bourgeois dessert known as clafouti and generous amounts of liquor, the discussion rapidly descends into a free-for-all that not only pits couple against couple but also husband against wife.

Gandolfini plays Michael, a

deceptively quiet wholesaler of household goods; Marcia Gay Harden is Veronica, his altruistic, artistically inclined wife.

Reza's play is brief, barely 85 minutes, but it packs a lot into those increasingly heated exchanges. "Carnage" is not Gandolfini's Broadway debut. He had small roles in the 1992 revival of "A Streetcar Named Desire" and a 1995 stage adaptation of "On the Waterfront." The actor holds his own against the other performers, playing a character not dissimilar to Tony Soprano.

The real revelation of the evening, though, is Harden, usually seen in much more somber roles

Reza's play is brief, but it packs a lot into those heated exchanges.

such as her Oscar-winning performance as Lee Krasner in the film "Pollack." It's one of those swell, showy comic portraits that has Tony written all over it.

In "God of Carnage," Reza demonstrates a keen, satiric understanding of middle-class values. Yet she is a moralist, too. When values fly out the window, what's left to take their place? Apparently, a world where brute force or the law of the jungle triumphs. Fortunately, laughter accompanies the wholesale destruction. MICHAEL KUCHWARA (AP)

Healthy Adult Volunteers Needed

The National Institute of Mental Health is conducting a study of mild stress and memory. Participants will be interviewed and will complete a series of tasks during which physiological functioning will be recorded. Volunteers must:

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After study completion, NIMH will provide short-term follow-up care, and then you will return to the care of your own provider.

(TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov>
www.clinicaltrials.gov

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- ♦ Be ages 18-65
- ♦ Be diagnosed with major depression and have anxiety symptoms.
- ♦ Be able to participate in a 12 week-outpatient study including an inpatient stay of 7 days in Bethesda, MD.

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- ♦ Monetary compensation for procedures.
- ♦ Transportation reimbursement provided.

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Adv. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (1230 130 330 430) 630 730 930 1030
THE LAST HOUSE ON THE LEFT (R) - ID REQ'D (215 500) 750 1035
MISS MARCH (R) - ID REQ'D 1010 PM
RACE TO WITCH MOUNTAIN (PG) (140 415) 700 945
WATCHMEN (R) - ID REQ'D (1245 255 425) 635 805 1015
THE PINK PANTHER 2 (PG) (120 350) 620 850
TAKEN (PG-13) (1210 240 510) 740 1005
DOUBT (PG-13) (200 PM 440 PM) 735 PM
FROST NIXON (R) - ID REQ'D (110 410) 710 1020
GRAN TORINO (R) - ID REQ'D (155 PM 450 PM) 800 PM
SLUMDOG MILLIONAIRE (R) - ID REQ'D (100 400) 720 1030
POTOMAC YARD STADIUM 16
3575 Jefferson Davis Hwy 800-FANDANGO 690#
Adv. *Tix on Sale* MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING
ADV. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (1250 150 350 450) 650 750 950
I LOVE YOU MAN (R) - ID REQ'D (1235 135 335 435) 635 735 915 1015
DUPLICITY (PG-13) (120 425) 720 1025
THE LAST HOUSE ON THE LEFT (R) - ID REQ'D (1245 145 330 430) 625 725 905 1005
OC & DA: RACE TO WITCH MOUNTAIN (PG) (100 200 440) 610 710 940
MISS MARCH (R) - ID REQ'D 935 PM
WATCHMEN (R) - ID REQ'D (1230 PM 410 PM) 800 PM
TYLER PERRY'S: MADEA GOES TO JAIL (PG-13) (105 345) 620 900
THE INTERNATIONAL (R) - ID REQ'D (420 PM) 730 PM 1030 PM
CONFESSIONS OF A SHOPAHOLIC (PG) (110 PM 400 PM) 700 PM
CORALINE - 3D (PG) ★ (115 350) 640 920
HE'S JUST NOT THAT INTO YOU (PG-13) (140 PM 445 PM) 745 PM
TAKEN (PG-13) (240 510) 740 1010
PAUL BLART MALL COP (PG) (155 PM)
KINGSTOWNE STADIUM 16
5810 Kingstowne Towne Center 703-822-4956
Adv. *Tix on Sale* MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING
ADV. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (125 430) 730 1020
RW & DA: DUPLICITY (PG-13) (1245 215 345 500) 645 745 940 1030
I LOVE YOU MAN (R) - ID REQ'D (1205 100 235 400 515) 700 800 930 1030
DUPLICITY (PG-13) (1225 330) 625 915
THE LAST HOUSE ON THE LEFT (R) - ID REQ'D (220 320 455) 610 750 855 1025
MISS MARCH (R) - ID REQ'D (410 PM) 935 PM
RACE TO WITCH MOUNTAIN (PG) (1235 200 305 420) 615 715 845 945
WATCHMEN (R) - ID REQ'D (110 PM 440 PM) 810 PM
TYLER PERRY'S: MADEA GOES TO JAIL (PG-13) (1215 240 505) 735 1005
CONFESSIONS OF A SHOPAHOLIC (PG) (105 PM 335 PM) 640 PM
CORALINE - 3D (PG) ★ (115 PM) 630 PM
HE'S JUST NOT THAT INTO YOU (PG-13) (1200 215 435) 705 920
TAKEN (PG-13) 910 PM
PAUL BLART MALL COP - DP (PG) (1240 340) 655 950
SLUMDOG MILLIONAIRE (R) - ID REQ'D

COUNTRYSIDE STADIUM 20
45980 Regal Plaza 800-FANDANGO 394#
Adv. *Tix on Sale* MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING
ADV. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (1220 120 320 420) 640 740 940 1040
I LOVE YOU MAN (R) - ID REQ'D (1200 100 300 400) 630 730 930 1030
I LOVE YOU MAN (R) - ID REQ'D (1145 220 215 340 445) 650 750 920 1020
OC & DA: RACE TO WITCH MOUNTAIN (PG) (345 PM) 850 PM
THE LAST HOUSE ON THE LEFT (R) - ID REQ'D (1135 210 455) 755 1035
MISS MARCH (R) - ID REQ'D 935 PM
RACE TO WITCH MOUNTAIN (PG) (1150 110 220 450) 620 720 950
WATCHMEN (R) - ID REQ'D (1240 PM 410 PM) 800 PM
FIRED UP (PG-13) (135 PM) 725 PM
TYLER PERRY'S: MADEA GOES TO JAIL (PG-13) (1225 310) 610 845
THE INTERNATIONAL (R) - ID REQ'D (435 PM) 1005 PM
CONFESSIONS OF A SHOPAHOLIC (PG) (1130 200 430) 715 955
CORALINE - 3D (PG) ★ (125 PM 405 PM) 645 PM
HE'S JUST NOT THAT INTO YOU (PG-13) (1210 305) 615 915
TAKEN (PG-13) (1205 230 500) 745 1025
PAUL BLART MALL COP (PG) (1245 325) 625 900
HOTEL FOR NOGGS (PG) (130 PM) 635 PM
GRAN TORINO (R) - ID REQ'D (105 350) 700 1000
SLUMDOG MILLIONAIRE (R) - ID REQ'D (1230 350) 710 1010
FOX STADIUM 16
22875 Crawford Pl. Asburn, VA 703-957-1035
Adv. *Tix on Sale* MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING
ADV. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (110 210 400 500) 700 800 950
I LOVE YOU MAN (R) - ID REQ'D (130 230 430 530) 720 820 1010
I LOVE YOU MAN (R) - ID REQ'D (1215 240 510) 740 1015
THE LAST HOUSE ON THE LEFT (R) - ID REQ'D (220 450) 750 1030
MISS MARCH (R) - ID REQ'D 830 PM
RACE TO WITCH MOUNTAIN (PG) (1220 200 300 440 540) 710 810 940 1035
WATCHMEN (R) - ID REQ'D (1225 350) 715 1040
FIRED UP (PG-13) 745 PM 1000 PM
TYLER PERRY'S: MADEA GOES TO JAIL (PG-13) (1240 PM 310 PM) 600 PM
CONFESSIONS OF A SHOPAHOLIC (PG) (100 340) 620 850
CORALINE - 3D (PG) ★ (1250 320) 610 840
THE PINK PANTHER 2 (PG) (1235 PM 250 PM) 620 PM
HE'S JUST NOT THAT INTO YOU (PG-13) (1235 PM) 635 PM
TAKEN (PG-13) (150 410) 640 900
SLUMDOG MILLIONAIRE (R) - ID REQ'D (140 420) 730 1020
FAIRFAX TOWNE CENTER 10
4110 W Ox Road 800-FANDANGO 670#
Adv. *Tix on Sale* MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING
ADV. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (100 150 350 440) 700 730 1000 1030
MISS MARCH (R) - ID REQ'D (200 430) 740 1010
WATCHMEN (R) - ID REQ'D (1200 1245 340 515) 710 745 1040
JONAS BROTHERS CONCERT 3D - SPECIAL EVENT (1220 240 445) 705 920
THE PINK PANTHER 2 (PG) (1205 PM 225 PM) 610 840
HE'S JUST NOT THAT INTO YOU (PG-13) (1230 440) 725 1025
TAKEN (PG-13) (130 420) 720 940
THE WRESTLER (R) - ID REQ'D (125 PM) 615 PM
THE READER (R) - ID REQ'D (110 410) 715 1005
MANASSAS STADIUM 14
11380 Bulloch Drive 800-FANDANGO 490#
Adv. *Tix on Sale* MONSTERS VS. ALIENS 3D - SPECIAL EVENT PRICING
ADV. *Tix on Sale* FAST AND THE FURIOUS
KNOWING (PG-13) (130 445) 730 1030
I LOVE YOU MAN (R) - ID REQ'D (1230 245 330) 630 715 930 1015
I LOVE YOU MAN (R) - ID REQ'D (1200 145 230 415 500) 645 745 945 1045
THE LAST HOUSE ON THE LEFT (R) - ID REQ'D (1215 300 530) 800 1040
MISS MARCH (R) - ID REQ'D (215 PM 610 PM) 750 1040
RACE TO WITCH MOUNTAIN (PG) (115 200 345 430) 615 700 900 1000
WATCHMEN (R) - ID REQ'D (1215 PM 610 PM) 950 PM
JONAS BROTHERS CONCERT 3D - SPECIAL EVENT (120 515) 740 1020
TYLER PERRY'S: MADEA GOES TO JAIL (PG-13) (1240 PM) 620 PM
CORALINE - 3D (PG) ★ (150 450) 720 940
TAKEN (PG-13) (400 PM) 750 PM
SLUMDOG MILLIONAIRE (R) - ID REQ'D (1220 310) 600 845
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AMC HOFFMAN CENTER 22

Eisenhower Ave and Telegraph Road in Alexandria
IMAX WATCHMEN: THE IMAX
EXPERIENCE (R) 3:50, 7:30

DIGITAL 3D
JONAS BROTHERS: THE 3D CONCERT
EXPERIENCE (G) 5:25, 10:00
CORALINE 3D (PG) 2:55, 7:35

DUPLICITY (PG13) 1:35, 4:00, 4:40, 7:05, 7:45, 10:05
I LOVE YOU, MAN (R) 2:00, 2:50, 4:45, 5:35, 7:30, 8:10, 10:15
KNOWING (PG13) 1:35, 3:45, 4:30, 6:45, 7:25, 9:45, 10:25
THE LAST HOUSE ON THE LEFT (R) 1:45, 2:20, 4:25, 5:05, 7:10, 7:55, 9:55
MISS MARCH (R) 2:05, 7:20
RACE TO WITCH MOUNTAIN (PG) 2:20, 3:00, 5:00, 5:40, 7:40, 8:20
RACE TO WITCH MOUNTAIN (PG) 1:40, 4:20, 7:00, 9:30
WATCHMEN (R) 2:50, 6:30, 8:15, 10:15
TYLER PERRY'S MADEA GOES TO JAIL (PG13) 2:05, 2:45, 4:40, 5:20, 7:15, 8:00, 9:55
CONFESSIONS OF A SHOPAHOIC (PG) 1:25, 4:05
THE INTERNATIONAL (R) 6:40, 9:35
HE'S JUST NOT THAT INTO YOU (PG13) 1:30, 4:30, 7:35
PUSH (PG13) 10:30 PM
TAKEN (PG13) 3:10, 5:30, 7:50, 10:05
PAUL BLART: MALL COP (PG) 1:00, 3:20, 5:45

AMC SELECT
CROSSING OVER (R) 10:10 PM
SLUMDOG MILLIONAIRE (R) 3:20, 6:15, 9:10
THE READER (R) 4:25, 9:40

AMC COLUMBIA MALL 14

10300 Patuxent Parkway
IMAX WATCHMEN: THE IMAX
EXPERIENCE (R) 12:50, 4:25, 8:00

DIGITAL 3D
JONAS BROTHERS: THE 3D CONCERT
EXPERIENCE (G) 12:55, 5:30, 9:55
CORALINE 3D (PG) 3:00, 7:30

DUPLICITY (PG13) 1:10, 4:10, 7:10, 10:00
I LOVE YOU, MAN (R) 1:50, 4:40, 7:40, 10:10
KNOWING (PG13) 1:35, 4:35, 7:35, 10:25
THE LAST HOUSE ON THE LEFT (R) 1:40, 4:20, 7:05, 9:40
MISS MARCH (R) 9:30 PM
RACE TO WITCH MOUNTAIN (PG) 2:50, 5:20, 7:50, 10:20
RACE TO WITCH MOUNTAIN (PG) 1:20, 3:50, 6:20, 8:45
WATCHMEN (R) 2:20, 6:00, 9:45
FIRED UP (PG13) 10:15 PM
TYLER PERRY'S MADEA GOES TO JAIL (PG13) 2:10, 4:50, 7:25, 9:50
CONFESSIONS OF A SHOPAHOIC (PG) 1:30, 4:05, 6:55
HE'S JUST NOT THAT INTO YOU (PG13) 1:15, 4:15, 7:15
TAKEN (PG13) 1:00, 3:25, 5:50, 8:20, 10:35

AMC SELECT
SLUMDOG MILLIONAIRE (R) 1:45, 4:30, 7:20, 10:05

LOEWS GEORGETOWN 14

3111 K Street, N.W.
DIGITAL PRESENTATION

MISS MARCH (R) 1:55
THE INTERNATIONAL (R) 4:20, 7:15, 10:10
DUPLICITY (PG13) 1:45, 3:30, 4:45, 6:30, 7:45, 9:30, 10:30
I LOVE YOU, MAN (R) 1:25, 2:40, 4:05, 5:20, 6:45, 8:00, 9:25, 10:25
KNOWING (PG13) 1:40, 4:35, 7:30, 10:25
THE LAST HOUSE ON THE LEFT (R) 2:30, 5:25, 7:55, 10:25
RACE TO WITCH MOUNTAIN (PG) 2:35, 5:10, 7:50, 10:20
WATCHMEN (R) 3:25, 7:05, 10:30
WATCHMEN (R) 3:25, 7:05, 10:30
CONFESSIONS OF A SHOPAHOIC (PG) 2:00
HE'S JUST NOT THAT INTO YOU (PG13) 2:45
TAKEN (PG13) 2:50, 5:15, 7:40, 10:00

AMC SELECT
SUNSHINE CLEANING (R) 1:50, 4:25, 5:40, 7:00, 8:15, 9:40
SLUMDOG MILLIONAIRE (R) 1:35, 4:30, 7:20, 10:15
THE READER (R) 4:40, 7:35, 10:20

✓-SPECIAL ENGAGEMENT No passes or discount coupons

AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886
IMAX WATCHMEN: THE IMAX
EXPERIENCE (R) 2:45, 6:15, 9:45

DIGITAL 3D
JONAS BROTHERS: THE 3D CONCERT
EXPERIENCE (G) 3:15, 7:55
CORALINE 3D (PG) 12:50, 5:25, 9:55

DUPLICITY (PG13) 1:20, 3:20, 4:20, 6:20, 7:20, 9:20, 10:15
I LOVE YOU, MAN (R) 2:10, 3:05, 4:40, 5:35, 7:10, 8:05, 9:40, 10:35
I LOVE YOU, MAN (R) 2:10, 4:40, 7:10, 9:40
KNOWING (PG13) 1:35, 3:30, 4:30, 6:35, 7:35, 9:30, 10:30
THE LAST HOUSE ON THE LEFT (R) 1:30, 2:40, 4:15, 5:15, 6:55, 7:50, 9:35, 10:25
MISS MARCH (R) 10:30 PM
RACE TO WITCH MOUNTAIN (PG) 12:45, 1:40, 2:30, 3:10, 4:10, 5:00, 5:40, 6:40, 7:30, 8:05, 9:10, 10:00
WATCHMEN (R) 12:55, 4:25, 8:00
TYLER PERRY'S MADEA GOES TO JAIL (PG13) 2:25, 5:05, 7:40, 10:10
HE'S JUST NOT THAT INTO YOU (PG13) 4:05, 9:25
TAKEN (PG13) 12:40, 3:00, 5:20, 7:45, 10:05
PAUL BLART: MALL COP (PG) 1:45, 7:05

AMC SELECT
SLUMDOG MILLIONAIRE (R) 1:50, 4:35, 7:25, 10:20

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
DUPLICITY (PG13) 1:30, 4:30, 7:30
I LOVE YOU, MAN (R) 2:50, 5:20, 7:50

TYLER PERRY'S MADEA GOES TO JAIL (PG13) 8:10
CONFESSIONS OF A SHOPAHOIC (PG) 2:20, 4:40, 7:00
THE INTERNATIONAL (R) 2:10, 4:50, 7:40
CORALINE (PG) 3:00, 5:30
3D NOT AVAILABLE FOR THESE SHOWTIMES
HE'S JUST NOT THAT INTO YOU (PG13) 4:10, 7:20
THE CURIOUS CASE OF BENJAMIN BUTTON (PG13) 4:20, 8:00

AMC SELECT
THE READER (R) 1:40, 4:25, 7:10

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
DUPLICITY (PG13) 1:15, 4:15, 7:15, 10:15
I LOVE YOU, MAN (R) 1:35, 4:35, 7:05, 9:35

KNOWING (PG13) 1:10, 4:10, 7:10, 10:10
THE LAST HOUSE ON THE LEFT (R) 12:25, 1:45, 3:25, 4:25, 6:25, 7:25, 9:25
THE LAST HOUSE ON THE LEFT (R) 1:45, 4:25, 7:25
RACE TO WITCH MOUNTAIN (PG) 12:05, 2:35, 5:05, 7:35, 10:05
WATCHMEN (R) 2:45, 6:15, 9:45
TYLER PERRY'S MADEA GOES TO JAIL (PG13) 12:05, 1:30, 2:30, 4:05, 5:00, 6:30, 7:30, 9:00, 10:00
FRIDAY THE 13TH (2009) (R) 7:40, 10:05
CORALINE (PG) 12:10, 2:40, 5:10
3D NOT AVAILABLE FOR THESE SHOWTIMES
TAKEN (PG13) 1:25, 4:30, 7:00, 9:30

AMC SELECT
SLUMDOG MILLIONAIRE (R) 1:20, 4:20, 7:20, 10:00

LOEWS SHIRLINGTON 7

2772 South Randolph
AMC SELECT

BROTHERS AT WAR (R) 12:05, 2:35, 5:05, 7:45
THE CLASS (PG13) 1:50, 4:40, 7:30
MILK (R) 1:40, 4:25, 7:20
SLUMDOG MILLIONAIRE (R) 12:15, 2:55, 5:35, 8:15
THE WRESTLER (R) 12:30, 3:00, 5:30, 8:00
THE READER (R) 1:25, 4:20, 7:15
DOUBT (PG13) 2:05, 4:35, 7:05

LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.
WATCHMEN (R) 1:00, 4:30, 8:00

AMC TYSONS CORNER 16

7850 Tysons Corner Center
DIGITAL 3D

JONAS BROTHERS: THE 3D CONCERT
EXPERIENCE (G) 12:40, 2:40
DIGITAL PRESENTATION

HE'S JUST NOT THAT INTO YOU (PG13) 4:45, 7:50, 10:50
DUPLICITY (PG13) 12:25, 1:30, 3:10, 4:25, 5:55, 7:20, 8:45, 10:10
I LOVE YOU, MAN (R) 12:45, 1:55, 3:15, 4:30, 5:45, 7:05, 8:15, 9:35, 10:45
KNOWING (PG13) 1:15, 2:30, 4:10, 5:25, 7:00, 8:10, 9:50, 11:00
THE LAST HOUSE ON THE LEFT (R) 12:20, 2:50, 5:20, 8:00, 10:40
MISS MARCH (R) 8:20, 10:35
RACE TO WITCH MOUNTAIN (PG) 12:35, 1:50, 3:00, 4:20, 5:40, 7:00, 8:05, 9:25, 10:30
WATCHMEN (R) 12:30, 4:00, 7:25, 10:55
WATCHMEN (R) 12:30, 4:00, 7:25, 10:55
TYLER PERRY'S MADEA GOES TO JAIL (PG13) 5:50
CONFESSIONS OF A SHOPAHOIC (PG) 1:40, 4:35, 7:15
CONFESSIONS OF A SHOPAHOIC (PG) 1:40, 4:35, 7:15
THE INTERNATIONAL (R) 4:15, 7:30, 10:15
THE PINK PANTHER 2 (PG) 1:35
TAKEN (PG13) 12:35, 2:55, 5:10, 7:35, 9:55

AMC SELECT
SLUMDOG MILLIONAIRE (R) 1:10, 4:05, 7:10, 10:00
THE READER (R) 12:20, 3:05

AMC MAZZA GALLERIE

Jenifer and Wisconsin
DUPLICITY (PG13) 1:20, 4:10, 7:20

I LOVE YOU, MAN (R) 12:15, 2:40, 5:20, 8:00
KNOWING (PG13) 1:50, 4:40, 7:40
THE LAST HOUSE ON THE LEFT (R) 12:30, 3:10
RACE TO WITCH MOUNTAIN (PG) 2:30, 5:00, 7:30
WATCHMEN (R) 12:10, 3:30, 7:00

AMC SELECT
SLUMDOG MILLIONAIRE (R) 1:30, 4:20, 7:10

LOEWS RIO CINEMAS 18

9811 Washingtonian Boulevard
DIGITAL 3D

JONAS BROTHERS: THE 3D CONCERT
EXPERIENCE (G) 4:30, 9:30
CORALINE 3D (PG) 2:00, 6:50

DUPLICITY (PG13) 1:20, 2:10, 4:15, 5:15, 7:20, 8:10, 10:15, 10:55
I LOVE YOU, MAN (R) 2:20, 5:10, 8:05, 10:35
I LOVE YOU, MAN (R) 1:15, 4:00, 7:05, 9:35
I LOVE YOU, MAN (R) 1:15, 4:00, 7:05, 9:35
KNOWING (PG13) 1:00, 2:05, 4:05, 4:50, 7:10, 8:00, 10:05, 10:45
THE LAST HOUSE ON THE LEFT (R) 1:25, 4:00, 6:10, 7:15, 9:00, 10:00
MISS MARCH (R) 10:20 PM
RACE TO WITCH MOUNTAIN (PG) 1:05, 1:55, 2:55, 3:50, 4:45, 5:45, 6:35, 7:35, 8:30, 9:05, 10:50
WATCHMEN (R) 1:30, 3:00, 5:00, 6:30, 8:35, 9:55
FIRED UP (PG13) 1:45, 3:55
TYLER PERRY'S MADEA GOES TO JAIL (PG13) 1:50, 4:20, 6:55, 9:20
THE INTERNATIONAL (R) 4:10, 9:45
TAKEN (PG13) 2:30, 4:55, 7:40, 10:10

AMC SELECT
SLUMDOG MILLIONAIRE (R) 1:40, 4:25, 7:05, 9:50
GRAN TORINO (R) 1:10, 7:00

LOEWS WHITE FLINT 5

North Bethesda
DUPLICITY (PG13) 1:50, 4:40, 7:30

I LOVE YOU, MAN (R) 2:15, 4:45, 7:00
KNOWING (PG13) 1:45, 4:30, 7:15
RACE TO WITCH MOUNTAIN (PG) 2:00, 4:35, 7:10
WATCHMEN (R) 7:05

AMC SELECT
THE READER (R) 1:40, 4:25

Times for Tuesday, March 24, 2009

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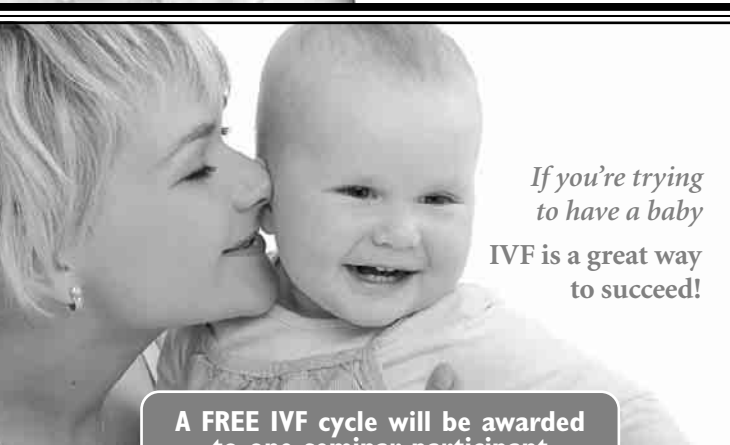
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MARCH

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7 P.M.

NATURALLY FASHIONABLE Book signing

Eco-conscious fashion expert **Summer Rayne Oakes** highlights designers and brands that have made eco-chic designs a priority.

MARCH

30 MONDAY
7 P.M.

BRINGING THE AMERICAN GARDEN HOME

Revolutionary landscape architect **Wolfgang Oehme** showcases his innovative garden style.

APRIL

15 WEDNESDAY
7 P.M.

THROUGH THE LENS: HAZARDOUS BEAUTY

Acclaimed photographer **David Maisel** presents his beautiful aerial photographs which explore the destruction of our landscape.

APRIL

23 THURSDAY
7 P.M.

NATURE INFORMS INTERIOR DESIGN
House Beautiful's editor-in-chief **Stephen Drucker** discusses how eco-conscious designers are influencing today's interior design trends.

APRIL

28 TUESDAY
7 P.M.

REDEFINING URBANISM:
OUR CULTURAL LANDSCAPE
William Morrish considers the influence of urban design on our cultural landscape.

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ABOVE: Summer Rayne Oakes, Photo by John Moe.



Actually, revenge is a dish that can be served cold or hot. Just ask little Margene.

Family Fun Not Over Yet

'Big Love' ends with exclamations and some question marks

FINALE | HBO's Emmy-free and too long underappreciated "Big Love" came out of its yearlong, writers' strike-created hiatus like the buffed-up guy tired of eating sand.

But instead of going for fireballs and kidnappings (OK, there were a few of those, but they were totally incidental), cancer scares and intra-cast murder attempts (well, yes, there were those too, but again, not the point), creators Mark V. Olsen and Will Scheffer took their strange and startling American fable to new heights and depths.

All of which came to a Defcon 1 "conclusion" in the season finale Sunday night. Oh, there were several moments of "closure" in the final minutes, but that was just the writers handing a bit of narrative Xanax to viewers to keep them from developing unsightly nervous tics while they wait to see what will really happen next season.

Last season examined the complexities of marriage, family and love, and this season dealt more with the separate, perplexing and often lone-

ly lives each of us leads amid all the noise of modern daily life.

In episode after episode, the writers and actors pried apart the multihued twist of characters with the precision of bomb squad technicians. Margene (Ginnifer Goodwin) moved from arm candy to entrepreneur, and Barb (Jeanne Tripplehorn) admitted her deep attachment to church and community even over the bonds of family.

And Nikki (Chloe Sevigny), poor Nikki, the buttoned-down sociopath everyone has loved to hate. Finally she, and we, came to grips with what lurked beneath it all — she was born to parents with "murder

This season dealt with the often lonely lives each of us leads.

in their hearts."

Where else do you see characters regularly engaged in sincere and supplicant prayer? What other show respectfully portrays the soul-rattling fear a transgression from religious belief can cause in a modern American? What other show examines the sticky and complicated mess of love and fear, generosity and spite that holds families together?

Oh, and it was nice to see Harry Dean Stanton pick up a guitar again, if only for a minute.

MARY MCNAMARA (LOS ANGELES TIMES)



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Television

ON TV TONIGHT

SCHEDULED STIMULUS

A PRESIDENTIAL NEWS CONFERENCE (8 p.m., ABC, CBS, NBC, FOX, PBS, CNN, Fox News, CNBC) scrambles the TV schedule. **AMERICAN IDOL** will not be seen tonight; it will air on Wednesday and Thursday.

FUN WITH GOPHER

CRUISE INC. (9 p.m., CNBC) looks at the sea-going vacation business.

ANTI-TRUST EXERCISES

Murder attends a retreat for corporate bigwigs on **THE MENTALIST** (9 p.m., CBS).

WILL THE WOZ SURVIVE?

The results are read on **DANCING WITH THE STARS** (9 p.m., ABC).

KILL THE WABBIT

TCM dedicates a night to the works of cartoonist Chuck Jones, whose masterpieces include **ONE FROGGY EVENING** (9:40 p.m.); the Wagnerian spoof **WHAT'S OPERA, DOC?** (9:50 p.m.); and **THE DOT AND THE LINE** (10 p.m.), an avant-garde



LEFT BRAIN: MSNBC host Rachel Maddow sits down with Jimmy Fallon.

comedy that won an Oscar in 1965.

THE PIANIST

Jay Leno hosts Condoleezza Rice on **THE TONIGHT SHOW** (11:35 p.m., NBC).

HOST TO HOST

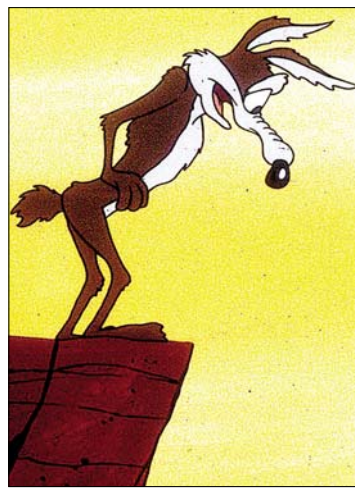
Rachel Maddow chats on **LATE NIGHT WITH JIMMY FALLON** (12:35 a.m., NBC). **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

He Wrote Familiar 'Toons

Meet Chuck Jones, the boy behind the man behind the pen

CARTOONS | You don't have to love cartoons to appreciate "Chuck Jones: Memories of Childhood" (8 p.m., TCM). This wonderful film combines footage of one of Jones' (1912-2002) final interviews with period newsreels and personal photographs, as well as original animation and cartoon classics from the golden age of "Looney Tunes" and "Merrie Melodies."

The creator of Daffy Duck, Porky Pig, Bugs Bunny, Pepe Le Pew, Road Runner and the Coyote, Jones recalls his childhood growing up in Hollywood on Sunset Boulevard. He was too young to realize that not every child could sneak down



GOOD TO THE LAST DROP: Why the anxiety, Wile E.? You're still a favorite.

the street to watch Charlie Chaplain make one-reel comedies or see Mary Pickford lead a World War II bond drive past his front porch.

Jones also recalls his family's relative poverty and how his mother and uncle would fill him with dreams that his violent father would crush. But each of his father's many failed businesses came with a new batch of business stationery and Ticonderoga pencils — a mountain of drawing paper for a budding cartoonist.

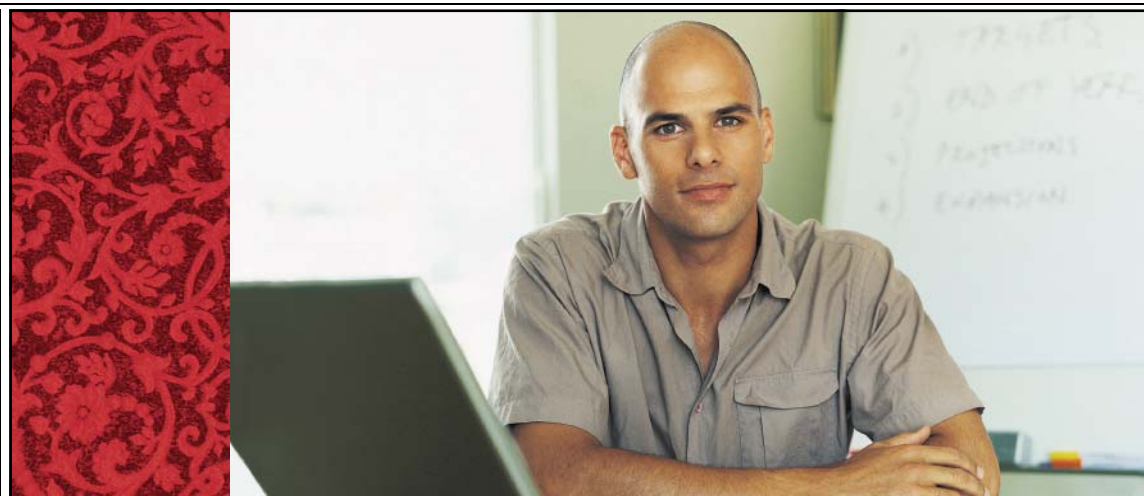
"Childhood" provides insight into the psychology of many of Jones' 2-D creations. But it is best appreciated for the memories of a creative force, a man happy to spend some of his twilight moments recalling his formative years. In this sweet, valedictory film, Jones admits to aches and pains but never to feeling old. And, he admits, but never boasts, that he's never been bored a day in his life. **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

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Getting Into Character

Laura Lippman taps into the mysteries pervading Baltimore

FOR MORE of our interview with Laura Lippman, visit Expressnightout.com

BOOKS | Laura Lippman doesn't mind if you confuse her with the self-centered and nearly inept protagonist of her thought-provoking new novel, "Life Sentences."

"I hope that I am less egotistical, less needy than Cassandra, and I know I'm more ethical," says the Baltimore author, who explains that such a conflation between herself and her creations is part of her unspoken contract with the reader.

Like Lippman, Cassandra Falwols is a celebrated writer. But the similarities end there. Cassandra is not a novelist, but a memoirist whose books chronicle her tumultuous relationships with her father and her first husband.



LADY WITH STYLUS: Lippman's latest protagonist is a writer unearthing secrets.

"I see Cassandra as being far more successful than I am," Lipp-

man says, ignoring the fact that her 14 works of fiction, especially those starring reporter Tess Monaghan, have proved incredibly popular with

readers and critics alike.

While defending herself from bad reviews and a dearth of autobiographical material, Cassandra returns to her hometown of Baltimore to investigate a case that involves an old friend named Calliope and a missing child who might be dead.

That case is based on a real-life incident in Baltimore. "I was a journalist for so long, and I know so many Baltimore stories that I can't help using them in my fiction," Lippman says. "Sometimes people ask me, 'What right do you have to use real crimes as the inspiration for your novels?' I say, 'I'm a writer. I get to use whatever I can find.' I refuse to accept that there is anything that is off-limits to me if I choose to write about it." **STEPHEN M. DEUSNER**

→ *Politics and Prose, 5015 Connecticut Ave. NW; Tue., 7 p.m., free; 202-364-1919; Politics-prose.com. (Van Ness)*

thescene



Movies: Lost, Found and Loved

WE'RE STILL IN THE post-Oscar doldrums, during which very few decent movies are coming out. Studios worry that a movie that debuts now will be forgotten by the time Oscar season 2010 rolls around.

So, you're stuck watching "Race to Witch Mountain," right? Oh, no, you're not.

The Arlington Cinema 'N' Drafthouse (2903 Columbia Pike, Arlington; 703-486-2345) is hosting the Found Footage Festival, wherein curators Joe Pickett and Nick Prueher collect videos from across the U.S. — from thrift stores, garage sales, gutters — and show off the finest and funniest.

It's one night only, Friday at 7:30 p.m. Pay \$10 and watch home movies, vintage commercials and who knows what else unfold before your eyes.

You can eat at the Drafthouse if you're in the mood for sandwiches, pizza or nachos. If you want something a little more upscale, Bangkok 54 (2919 Columbia Pike, Arlington; 703-521-4070) is just up the street, and its delicious Thai food is worth a trip by itself.

After the movies, if you feel like moving around — and you would, after sitting for that long — try the Salsa Room (2619 Columbia Pike, Arlington; 703-685-0790.) It's just your basic, excellent dance club, boasting live music and a big, wide checkerboard floor. And, hey, if you have a video camera — you could make some found footage of your own. **FIONA ZUBLIN (EXPRESS)**

Explore our searchable list of the area's events, venues, restaurants and movies at Expressnightout.com/thescene.

topstops



Feudin' and Fightin'

Choreographer Bill T. Jones is known for his didactic, heavy-handed modern dance

pieces that feel more like a lesson than entertainment. So, you might be pleasantly surprised by his latest work at the Kennedy Center, "A Quarreling

Pair." It's based on a play, the story of two sisters who are constantly fighting. Jones takes this simple concept and spins it into a 90-minute meditation on conflict that leaves the histrionics at the door and takes a calm, measured approach to the subject. Not that a modern dance piece about conflict is going to be all hearts and flowers, but it won't leave you horribly depressed, either. **F.Z.**

→ *Kennedy Center, 2700 F St. NW; 8 p.m., \$22-\$65; 202-467-4600. (Foggy Bottom)*

New Style on An Old Soul

Soul music is constantly evolving, assisted by guys such as Raphael Saadiq. This R&B musician is not only dapper — he's also incredibly talented. He's managed to stick around for more than a decade, a feat not many artists manage to accomplish. How

does he do it? Smooth crooning, funky beats and a constant cycle of reinvention, keeping his work fresh without losing his signature sound. If you're in the mood for nuanced, time-tested soul, attending Saadiq's concert at the 9:30 Club might be the best way to spend your Tuesday night. **F.Z.**

→ *9:30 Club, 815 V St. NW; 7 p.m., \$25; 202-265-0930. (U St.-Cardozo)*



Try Her, Baby, One More Time

Whether you're going because you loved her so much when she first burst on to the scene, or just out of morbid curiosity, you know you're going to get quite a show. It's Britney, dressed up as a sexy ringmaster. That's not even something you're likely to see on Halloween. Who knows what other alter egos Britney will come up with? Sexy Abraham Lincoln! Sexy bullfrog! Sexy aging pop star! And just think of all the unknowns that'll keep you on the edge of your seat. Will her music live up to its former glory? Will she do something truly, deliciously crazy onstage? If so, you may be very, very pleased you have that cell phone with a camera. **F.Z.**

→ *Verizon Center, 601 F St. NW; 7 p.m., \$39.50-\$128; 202-397-7328. (Gallery Place)*



Compiled by Express' Karmah Elmusa and Fiona Zublin. Read more of their picks every day at Expressnightout.com/topstops.



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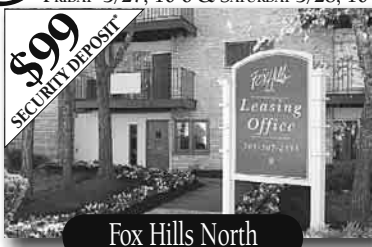


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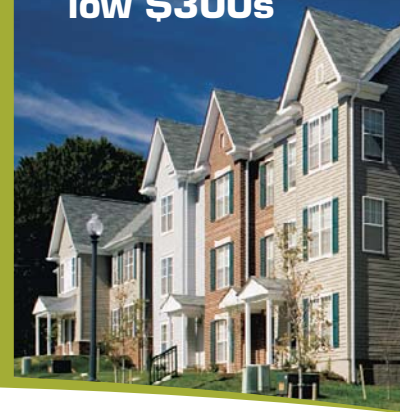
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Conversations

Author of 'Eat, Pray, Love' on life, marriage and, of course, yoga



Gilbert

Most know her as Elizabeth Gilbert, author of the 2006 blockbuster soul-searching memoir "Eat, Pray, Love." But when Gilbert, 40, accidentally calls two weeks before a scheduled interview, she leaves a message to call back "Liz." It's this friendly familiarity that draws in readers and will make her March 27 PEN/Faulkner talk at the National Cathedral (Massachusetts and Wisconsin avenues NW; 8 p.m., \$10; 202-537-6200) all the more compelling.

Thanks for being uberpunctual.

I am so sorry! [Laughs] You know what? I've got so much going on right now and I just got back here yesterday! Would you prefer we talk later? I'd be happy to call you back.

Not at all! So, it's been a whirlwind ever since "Eat, Pray, Love"?

It's been a bit of chaos, but it's also removed a bit. ... I used to spend months a year traveling and working on magazine stories. I haven't had to do that since "Eat, Pray, Love." It balances out in a funny way. It took time away but [also] put it back.

What did you gain with this time?

A bit of domestic stability, which is something I've never had. I have a really nice man I'm married to — we started this retail business because we travel together and buy strange things overseas. We have this warehouse in New Jersey we sell from. If you want to look, it's called Twobutons.com.

It's wonderful for me because it's

so different from what I do for my normal life. What I do is so ephemeral, and this is so supremely material. I can be working on a book and having trouble with it, and I can go down to the warehouse and the big question is, "Should the Buddha be in this corner or that corner?"

What will you discuss Friday?

I'm going to talk about indecision ["Divine Sanity — Thoughts on Creative Life"]. It's been something I've been studying in relationship to the



EAT, PRAY, SHOP: When she's not on tour, you'll find author Elizabeth Gilbert, center, selling exotic wares in New Jersey.

Breezy & Brilliant

“We ended up having to get married because of a run-in with the Department of Homeland Security.”

ELIZABETH GILBERT, AUTHOR

book I just finished a couple weeks ago. It's a follow-up to "Eat, Pray, Love." It's called "Matrimonium," and the subtitle is, "A meditation on the subject of marriage."

Felipe — I always feel funny saying that because it's not his real name [which is Jose Nunes], but my sweetheart from the book, otherwise known as the Brazilian guy — we ended up having to get married because of a run-in with the Department of Homeland Security and [U.S. Citizenship and Immigration Services]. We had never, ever wanted to get married again — neither one of us — so we were pushed into it. ... It's such a loaded topic for me, the whole subject of mar-

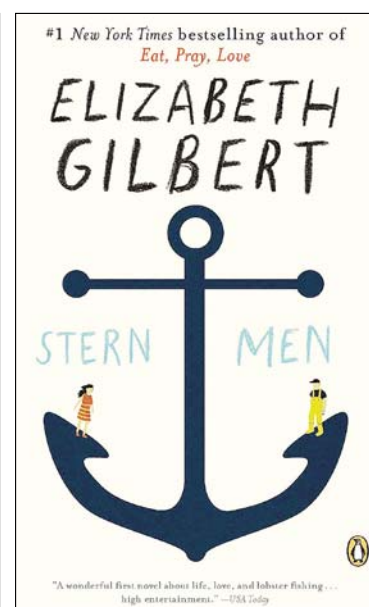
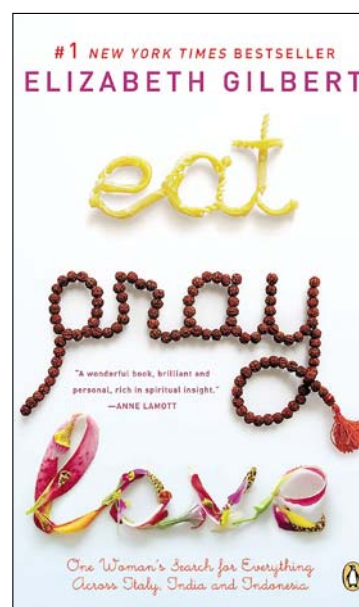
riage, I figured I should use that as an opportunity to really figure out what marriage is.

When does the book come out?

Around January 2010.

Without giving away the plot, how were you forced into marriage?

It happened about a year after we met. We had been conducting our relationship on a multi-continental level. A commitment-phobic relationship that got so expensive and complicated that we ended up settling here in the States. But he couldn't stay for long periods of time, on account of visa restrictions. ... They just picked him out at the Dal-



PAGE TURNERS: After her memoir's success, Gilbert's past books have new readers.

las-Fort Worth airport back in May 2006. They chucked him in jail and deported him on the grounds that he had been coming here too often. To be honest, they couldn't have been nicer about it. It was a weird combination of tyranny and kindness. It was so strange. It also felt a little bit like the hand of destiny, where you're forced to do the one thing you totally don't want to do. You can read it in many different ways: "All right, I get the message. It's time to make peace with this."

Speaking of peace, is meditation still important in your life?

I would love to say "yes," but it just isn't. Yoga is. Yoga is something I

can't live without, but meditation is something I've just not been able to stick to. It's not something I'm holding with a great longing anymore. Once these really fundamental questions had been answered in my life, a lot of that real yearning went away. ... I still try to do something I do every day that I call a "silent bath." I just try to take 10 to 15 minutes of silence every day to enjoy stillness. ... Strictly speaking, some people call what I do during the silence "napping," but it works!

KRIS CORONADO (EXPRESS)

Online now: For more of our interview with author Elizabeth Gilbert, visit Expressnightout.com.

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TELEVISION

Chatter by Hour

If real life has interfered with your reality TV watching, Express has you covered — at least for “American Idol,” which you can catch up with on Greg Barber’s “Idol Chatter” blog. Meanwhile, Matt Swenson has the drama “24” locked down with his “Bauer by Hour” blog. | ONLINE NOW

SOUND BETS

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Christopher Porter gets most of his music for free from publicists, but this tightwad opened his mouse-trap of a wallet and shelled out for the deluxe editions of the new albums by metal giants Lamb of God and Mastodon. Find out whether the products were worth the damage. | ONLINE NOW



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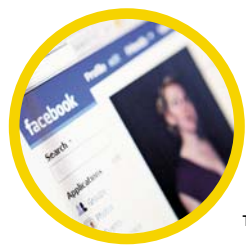
poll center

YESTERDAY'S RESULTS AS OF 5 P.M.

DO YOU THINK PEOPLE ARE MAKING TOO BIG A DEAL ABOUT FACEBOOK'S DESIGN CHANGE?

YES 57%

NO 43%



“The fun part would be to find the person(s) who thought the old layout was broken and needed to be changed. They probably used to work for Microsoft and helped design Vista.”

AN ANONYMOUS COMMENTER, RESPONDING TO MONDAY'S POLL CENTER QUESTION, “DO YOU THINK PEOPLE ARE MAKING TOO BIG A DEAL ABOUT FACEBOOK'S DESIGN CHANGE?”

“No, we’re not making too big of a deal about it — the new design sucks. My hope is that the more people [complain] about it, the more likely it is that they’ll change it back.”

COMMENTER NICOLE, WHO ADDED, “I KNOW IT’S JUST A SOCIAL NETWORKING WEB SITE, BUT IT’S REALLY ... FUN.”

“Facebook needs to pay attention to user needs and desires if it wants to stay the most popular social networking site.”

COMMENTER ELISSE, WHO ADDED, “IF THEY DON’T MAKE SOME SMART ADJUSTMENTS SOON, I KNOW I WILL START TO SPEND LESS TIME ON IT.”

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Blog LOG

“This is why it’s a crime that newspapers are dying — [it’s] coincided with Americans’ getting more partisan and stupid.”

NATTURNERSREVENGE.BLOGSPOT.COM IS TIRED OF DEALING WITH POLITICALLY MISINFORMED CITIZENS, ADDING, “STOP LEARNING ABOUT THIS CRAP THROUGH PUNDITS AND BLOGGERS.”



STEPHEN LOVERKIN/GETTY IMAGES

“I’m in shock that people still find Nicolas Cage relevant. He makes bad film after bad film, and let’s not discuss his waning looks.”

DCFEMELLA.COM DOESN’T UNDERSTAND HOW “KNOWING,” STAR-RING NICOLAS CAGE, RIGHT, BEAT OUT “I LOVE YOU, MAN” AT THE BOX OFFICE OVER THE WEEKEND AND HAS GROSSED \$24.8M.



“With the world positively agog over Twitter, the requisite horror stories are starting to roll in about people paying the price for things they have said in 140 characters or less.”

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“WHILE LABELS can be childish, many people think the lack of a title just makes the situation awkward, especially for the person who is being introduced. Other folks expect you to give them a title, or a fight is [going to] happen when they get home.”

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Discussions

Michael Wilbon

Post columnist **MICHAEL WILBON** was online Monday and talked about the NCAA tournament, ranked Curt Schilling and Tiger Woods, and gave his opinion on whether NBA players should Tweet during games.



For the first time, every No. 1, 2 and 3 seed has made the Sweet Sixteen.

Is this going to be another boring tournament, or is the best still yet to come? It’s been boring so far. But that could set up a great second weekend. Let’s hope so.

If, for some reason, Tiger Woods never wins another major, where

does he rank in your book in terms of the greatest golfers ever? Probably second. Behind Jack.

Curt Schilling announced his retirement today — Hall of Fame or no? I say yes; many say no. His winning percentage, two lead roles in the World Series (don’t forget Arizona), and leading the Red Sox to the promised land in such a dramatic way ... that makes it a yes for me.

What are your thoughts on NBA players’ Tweeting during halftime? It should be banned, as Scott Skiles told Charlie Villanueva. Banned. Though I suspect some marketing types see an “access opportunity” to be branded and televised before long.

Do you think Villanova has a good chance to beat Duke on Thursday? Do you see a Big East Final Four?

I have Villanova and Louisville in my Final Four ... so that would be a yes.

Why are the Wizards allowing Gilbert Arenas to play? They should force him to sit out and prepare for next year. What would happen if he aggravates the injury now? What if he aggravates it practicing this summer? Or in October? He’s gotta play sometime. I think now is the right time. Let’s see what he’s got. I’m glad he’s going to try to play. For \$111 million? Are you kidding me?

Ovechkin’s “hot stick” celebration of goal No. 50: fair or foul? Fair and creative and fun.

TODAY ON DISCUSSIONS: Washington Nationals president Stan Kasten takes your questions about the team and expectations for this year at 11 a.m. | washingtonpost.com/discussions.

Bizarro | Dan Piraro

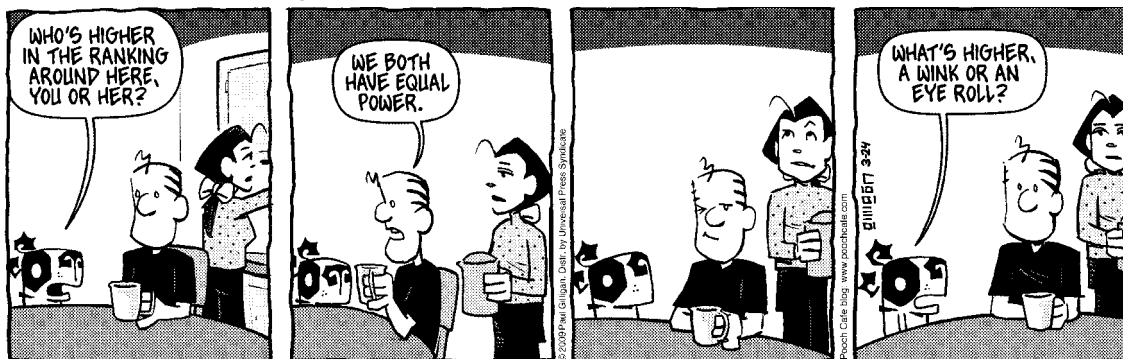


Cornered | Mike Baldwin



"Inserting paper, lining it up, striking the keys, hitting the return carriage. I'd get him a computer, but he's doing just fine."

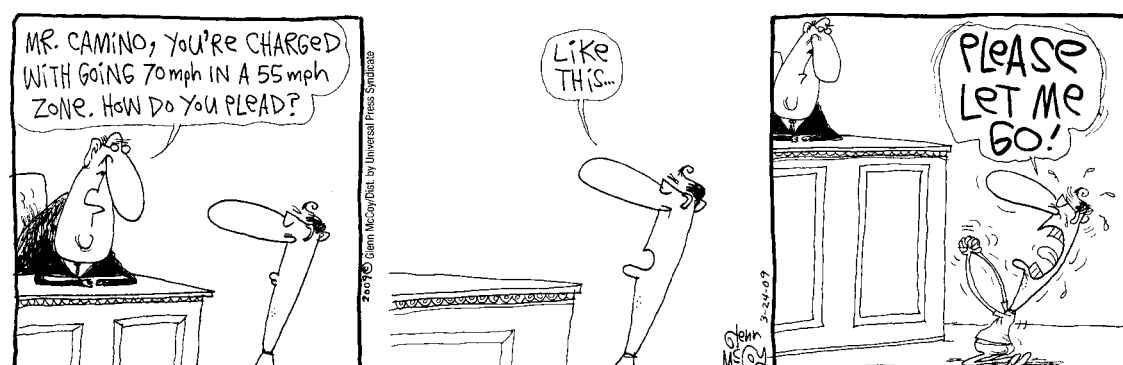
Pooch Cafe | Paul Gilligan



Pearls Before Swine | Stephan Pastis



The Duplex | Glenn McCoy



Horoscope

By Stella Wilder

ARIES (March 21-April 19) How you set things up as the day begins can make all the difference. You don't want to take the time later to straighten out any errors.

TAURUS (April 20-May 20) What seems rather chaotic early on will prove, in the end, to be a model of smooth and effective teamwork. You know what you're doing.

GEMINI (May 21-June 20) A proposition comes your way that is both attractive and a little frightening. Still, it's worth serious consideration.

CANCER (June 21-July 22) Things are likely to change quite suddenly as a result of a random act that may have been prevented. Deal with it right away.

LEO (July 23-Aug. 22) Procrastination is not for you. You have quite a list of things to do, and the sooner you start working through it the better.

VIRGO (Aug. 23-Sept. 22) You may find yourself racing against the clock; your

competition knows it. Someone may try to trip you up, but you needn't falter.

LIBRA (Sept. 23-Oct. 22) You may not be able to escape an increase in demands made on your time. It seems everyone wants something from you.

SCORPIO (Oct. 23-Nov. 21) It's almost time to unveil something that can take others quite by surprise — and prove most impressive at the same time. Are you ready?

SAGITTARIUS (Nov. 22-Dec. 21) A quick fix isn't likely to solve the problem permanently. You're going to have to do some in-depth troubleshooting.

CAPRICORN (Dec. 22-Jan. 19) You may be surrounded by technical assistance, but in the end it's good old-fashioned know-how and elbow grease that gets the job done.

AQUARIUS (Jan. 20-Feb. 18) There's no substitute for hard work. You may benefit from a few lucky developments, but that's not enough to see you through.

PISCES (Feb. 19-March 20) It's important that you and a partner start together, work together and stop together. Synchronize your efforts as much as possible.

Letters

First Lady's Visit Inspiring

TO SEE OUR NATION'S first lady, Michelle Obama, visit Anacostia High School in the District on Thursday was both exciting and surprising. I applaud the first lady for taking a bold step

to speak to inner-city young women on moving ahead in life and encouraging them to be the best they can be. I can only imagine what those young women were thinking while listening to the first lady speak — I assume that their dreams, hopes and goals are alive again.

—CHARMAINE C. JONES
Washington, D.C.

WRITE TO EXPRESS: Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

Today in History

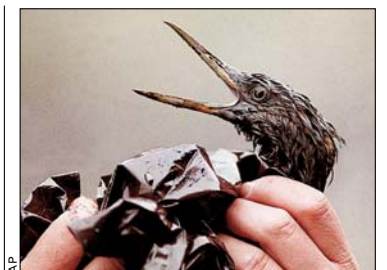
1765 Britain enacts the Quartering Act, requiring American colonists to provide temporary housing to British soldiers.

1882 Scientist Robert Koch says he's discovered the bacillus responsible for tuberculosis.

1989 The supertanker Exxon Valdez runs aground in Alaska's Prince William Sound and begins leaking 11 million gallons of crude oil.

1995 British soldiers stop routine patrols in Belfast.

2004 The European Union slaps Microsoft with a



A bird drenched in oil from the spill.

\$613 million fine for abusively wielding its Windows software monopoly.

2008 Detroit Mayor Kwame Kilpatrick is charged with perjury, misconduct and obstruction of justice.

PostPoints DAILY CODE FF

LOOK

out

People

RECOVERING
Benson Back, Busts Baddies

After three weeks away from the set of her popular NBC crime drama, “Law and Order: SVU,” **MARISKA HARGITAY** returned to work Monday. The actress underwent surgery for a collapsed lung in early January, and she was hospitalized with compli-



Hargitay is married and has one son. (EXPRESS)

cations on March 3. She is expected to film an episode with guest star (and former teen queen) Hilary Duff this week.

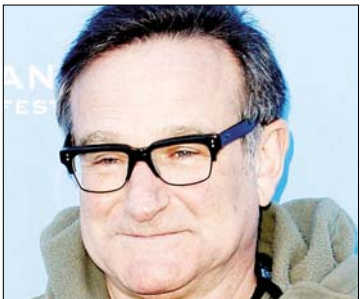


HAIRDO
Woman Prepares for Hot Date by Smoking a Stack of \$1,000 Bills

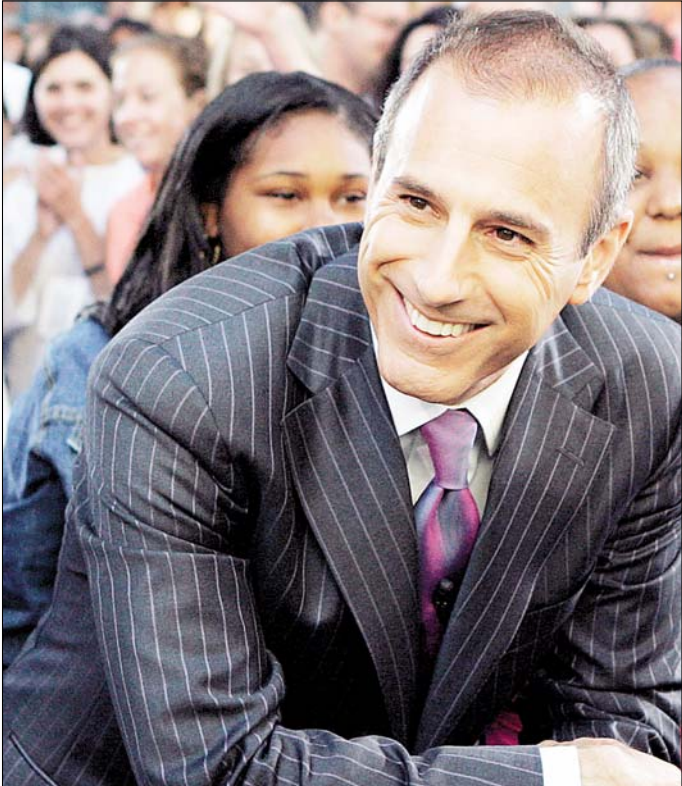
KATIE HOLMES debuted a new look last week on the red carpet in Japan where her husband, **TOM CRUISE**, was promoting his film “Valkyrie.” As it turns out, the actress’ long hair extensions were only a small portion of the expensive primping she received. Eng-
land’s Daily Mail newspaper reports the actress, 29, also received extensive spa treatments and tooth veneers. Her bill for a single day in the exclusive Ritz-Carlton Hotel in Tokyo came to \$43,000. All of that makes her reported makeup spree of \$1,446 seem like peanuts, right? On the other hand she does look pretty great. (EXPRESS)

NO JOKE
Robin Williams Undergoes Successful Heart Surgery

ROBIN WILLIAMS was recovering Monday at the Cleveland Clinic after heart surgery that his doctors deemed successful, his publicists said. The 57-year-old actor had an operation to replace an aortic valve on March 13. He was expected to make a complete recovery. (AP)



Here’s hoping he’s joking again soon.



OH, DEER
Hard to Handle

A flip off his bicycle took “Today” show co-host **MATT LAUER** off the air Monday. Lauer was riding his bicycle this weekend when a deer jumped into his path. He flipped over the bike’s handlebars and was slightly hurt, NBC said. His co-anchor, Meredith Vieira, joked on the air that Lauer thinks the deer was hired by the competition. Lester Holt filled in as Vieira’s co-host Monday. (AP)



Thankfully, she didn’t name him AWOL.

SUPER-COOL BABY BOY
Study: Deciding on First Name Is a Sticky Wicket

TMZ.com confirms rapper **M.I.A.** has named her month-old son Ikhyd Edgar Arular Bronfman. Previous reports had suggested the baby’s name was Ickett.” Silly reports! The father is her fiance, musician Benjamin Bronfman. (EXPRESS)

NOT-AS-COOL BABY BOY
‘Will You Please Accept This Widdle Bebeh Rose?’

Erstwhile “Bachelor” **ANDREW FIRESTONE** became a father on Saturday when his wife, Ivana Bozilovic, delivered a baby boy. People magazine reports the he has been named Adam Brooks Firestone. (EXPRESS)

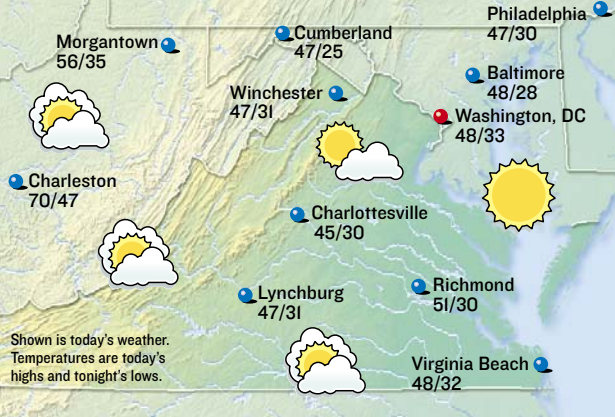
expressnightout

Find the latest celebrity news and photo evidence of stars’ sordid lives at [WWW.EXPRESSNIGHTOUT.COM](http://www.expressnightout.com).

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Mostly sunny, chilly	Mostly cloudy	Partly sunny	Mostly cloudy, chance rain	Mostly cloudy	Mostly cloudy, rain
48°	33°	51° / 41°	56° / 44°	60° / 45°	59° / 44°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2009

Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature	
High	50°
Low	35°
Normal high	58°
Normal low	39°
Average humidity	29%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.87"
Normal month to date	2.72"
Year to date	3.90"
Last year to date	8.29"
Normal year to date	8.56"

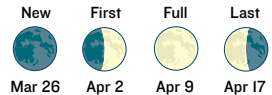
For up-to-the-minute weather, see: washingtonpost.com/weather

Regional Forecast

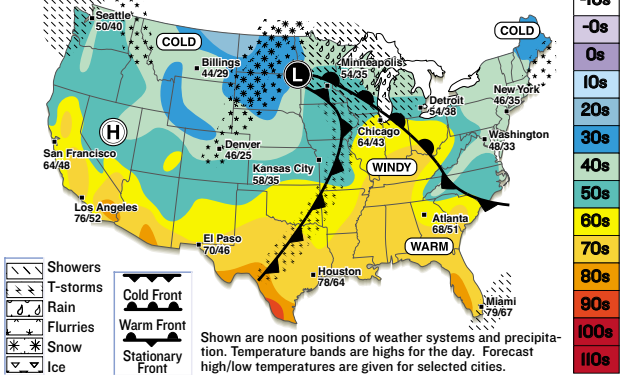
D.C. Metro: Today, mostly sunny, cool. High 48. Wind east 6-12 mph. Tonight, mostly cloudy. Low 33. Wind south-southeast 7-14 mph.

Sun and Moon

Sunrise today	7:05 a.m.
Sunset tonight	7:24 p.m.
Moonrise today	5:53 a.m.
Moonset today	5:38 p.m.



National Weather for Tuesday, March 24



National Cities

City	Today	Wed.
Atlanta	68/51/pc	61/53/sh
Boston	40/30/pc	48/34/s
Chicago	64/43/t	50/35/c
Dallas	70/48/t	69/55/t
Denver	46/25/pc	52/26/pc
Honolulu	81/70/pc	80/69/pc
Los Angeles	76/52/s	78/52/s
Miami	79/67/pc	80/67/pc
New York City	46/35/s	52/39/s
Orlando	78/57/pc	79/59/pc
Seattle	50/40/c	50/36/r

World Cities

City	Today	Wed.
Amsterdam	46/37/sh	49/40/r
Athens	58/49/s	60/41/sh
Berlin	39/27/sn	37/30/sf
Buenos Aires	84/66/s	84/68/s
Calgary	41/21/pc	25/15/sn
Dublin	52/41/r	50/41/pc
Geneva	38/33/sh	37/36/sn
Moscow	32/25/sn	36/27/sn
Rome	58/36/sh	59/37/s
Sydney	82/64/pc	84/66/pc
Tokyo	59/47/c	55/46/r

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

LOOK out

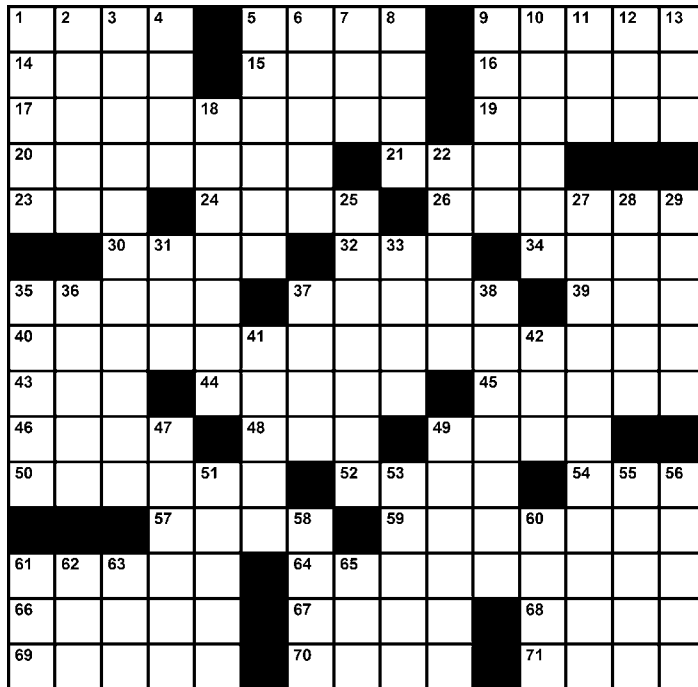
CROSSWORD | MAINTENANCE REQUIRED

ACROSS

- 1 In the course of
5 Camera-bag item
9 Characteristic mark
14 Very skinny
15 Figure in geometry
16 "Jaws" author
Benchley
17 Went kaput
19 "Me, Myself & ____"
(Jim Carrey vehicle)
20 Routes to the
Supreme Court
21 Elbow counterpart
23 One of every two
hurricanes
24 Atoll barrier
26 Have a finger in
the pie
30 Cola mixers, often
32 "If ____ say so
myself"
34 Green Gables girl
35 Fly in the ointment
37 Prepare for
painting
39 Mommy dearest?
40 In need of repair
43 Canton in
Switzerland
44 Trumped-up
45 Auditions,
essentially
46 Invite letters
48 Short winter
illness
49 Do some
ballooning
50 Do a slow burn
52 Prerequisite for

DOWN

- 54 Greek letter
57 Woofer output
59 Refrigerator
drawer
61 "Friday the 13th"
villain
64 Went to pieces
66 Tale of the Trojan
War
67 Colony that's now
part of Yemen
68 Haughty attitude
69 Well-bred
Londoners
70 Velvety growth
71 Lazy Susan, e.g.

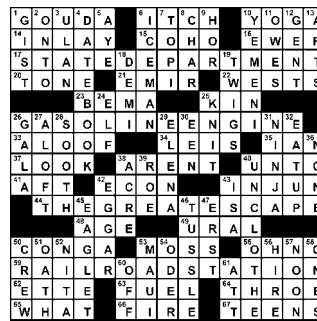


EDITED BY TIMOTHY E. PARKER

- 29 They're between 12
and 20
31 Sci-fi vehicle
33 Phone call cost, in
Bogart films
35 Goes bad, as milk
36 Nightingale or
Barton, e.g.
37 Survey
38 Baltic republic
41 Parisian sidewalk
sights
42 Water source
47 Kennedy's was 109

- 49 Warning
devices
51 Clock parts
53 Highest points
55 ____ firma
56 ____-craftsy
58 Hoodwink
60 Minor quarrel
61 Rustic dance
62 Hearty pub
order
63 Pride, lust or
envy
65 Fuss

Yesterday's Solution



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Fill in the boxes so
each row, column and
3-by-3 square includes
the digits 1 through 9.
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for solution, tips and
computer program.

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Find another Sudoku
puzzle in the Comics
section of the Post
every Sunday and in the
Style section Monday
through Saturday.

Yesterday's Solution

3	6	1	8	2	4	5	7	9
7	4	5	3	1	9	2	6	8
2	8	9	5	7	6	3	1	4
4	5	8	2	6	7	1	9	3
9	2	6	4	3	1	8	5	7
1	7	3	9	8	5	4	2	6
8	9	7	1	5	3	6	4	2
6	1	2	7	4	8	9	3	5
5	3	4	6	9	2	7	8	1

2			6					
		9		4	5	1		
						3	4	
		1		5		8		
	7		8	6		9		
	5		9		1			
4	1							
	9	7	4		2			
			7				8	

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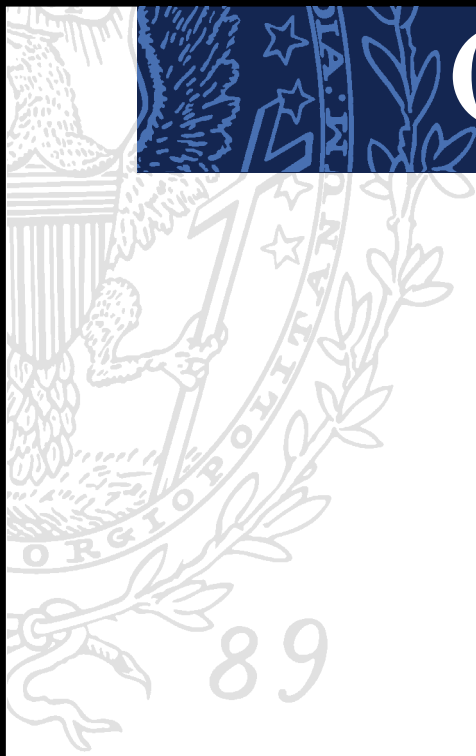
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Five body parts you just can't afford to ignore **E7**

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INTO AFRICA

FIND OUT HOW THREE ULTRAMARATHONERS TRAINED FOR (AND SURVIVED) A RUN ACROSS THE SAHARA **E4**

COURTESY 'RUNNING THE SAHARA'

BaggageCheck

GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT



Vacations Can Trip Up a Relationship

Q My partner and I are planning our summer vacation, and it's a nightmare, as always.

How can two committed people have such a hard time spending their leisure time together? We both work many hours and are very dedicated to our jobs. But we value our time together immensely. Still, planning that week together always turns into fighting. We never agree on where to go, whether to involve family and friends, and even simple things like temperature. We usually have a good time once we've compromised, but I don't think either of us is completely happy. This year, trying to cut costs has left us even more stressed, and there's a part of me that doesn't even want to vacation at all. — HELP PLEASE, D.C.

Ah, compromise. A great way to make sure both people are equally miserable.



ERIC REECE

I'm pretty sure I'm kidding, but I do believe there are good compromises and bad compromises. Compromises that are drawn out of intense bickering sessions, ending with "Fine! Whatever!" are usually not among the most satisfying to either party. And I'm wondering whether, in the planning process, the two of you — as you grumble for

Travelocity to move faster, BlackBerry in hand, staring anxiously at the screen — are just setting yourselves up for disaster.

Why the rush to place all this importance on one yearly feast week ("Let's have a fabulous time and cement our adoration for each other. NOW!") when the rest of the time seems more like a famine?

What about a few smaller trips, dividing your vacation week among several long weekends? Instead of trying to compromise your tastes into one big cream soup, why not go for a chunky salad, in which you each get pieces of what you actually want? Yes, you might think it'd increase the kicking and screaming; but with less at stake, I'm betting the opposite. Spread the vacation wealth throughout the year — even in an everyday way, with more random Tuesday dinners together — and the reduced pressure should make a big difference.

Want What You Can't Have?

Q Is it bad to pass on someone's advances, and then suddenly hook up with him once he's engaged? Rhetorical question really. What's wrong with me?

— AN ANONYMOUS "UGH"

Altogether now: Oh, boy.

Just like when faced with a roomful of tapas, I hardly know where to begin. So much of what's "wrong" has to do with the unknown backstory.

First, let's be clear — there's no way this was healthy or noble for either of you, and I hope this guy hasn't already booked a reception venue. But on to the whys and hows: Do you even like him? Has this ever happened before, with other guys? What were your feelings before, after and during? Do you tend to do things that make you feel guilty? Do you feel like you are unworthy of a relationship with someone available? Do you self-sabotage in other ways? Do you tend to resent strangers publicly asking you questions?

Any of these issues might give you a clue. Yeah, it might be a one-time transgression. But if there's any emotional juice or bad patterns behind it, you have to look deep for the motives, thoughts and feelings connected to it: two classics, of course, would be that you don't feel you deserve a relationship on the up-and-up, or you're unhealthily attracted to danger. But only you can know for sure (though a professional's help certainly wouldn't kill you!).

@ Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at baggage@readexpress.com. This column is not a substitute for one-on-one care.

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GUINEA PIG



Raising the Bar

■ The Body Bar was apparently feeling lonely. So, the ubiquitous weighted stick got a friend: the strength band (\$29.99 for either a 3 foot pair or a single 5 foot band, Bodybar.com). The stretchy cords attach to the bar to give users a more intense exercise experience when they lift and twist. Grown out of your 4-pounder? Put these on and it'll feel like you're handling a much heavier load.

Another selling point: Unlike traditional resistance bands that are exposed, these come covered with a soft cloth that prevents them from causing cuts or other boo-boos if they snap out of place. (Although, we're pretty klutzy and never actually managed to get them to snap at all — the fasteners and stirrups are too sturdy.) It also supposedly extends the life of the product.

But there was one problem: We didn't know how to get the most out of our bands. The bar comes with a guide showing a few moves, but only a couple make sense with the bands. It seems like you'll also need to work your mental muscle to put together a full routine.

VICKY HALLETT (EXPRESS)



WHAT'S THE BUZZ?

There's no need to bug out on your next camping trip. Just hang out in your Eagles Nest Outfitters hammock with Insect Shield Repellent Technology (\$84.95, Eaglesnestoutfittersinc.com). The fabric promises to shoo away mosquitoes and the like through six months of exposure to the elements.



BITE IT UP

Protein bars are usually meal replacements, but ThinkThin bites (\$1.69, grocery stores) are angling to take the place of your snacks. Each package has two 75-calorie portions (of tastier-than-they-sound flavors such as chocolate toffee nut) that are designed to be filling, not fattening.



SOCKS APPEAL

Thorlo products can seem like the granny panties of the sock world — thick, comfy and white. So, say hello to the Experia (\$13.99, Thorlo.com), a lightweight model with less padding (but enough at the ball and heel to lessen the effects of pounding) that comes in bright hues.



GARDEN OF EATIN'

Now that Michelle Obama has planted a garden, you know you will, too. But how do you get your kids psyched about growing veggies? Steal ideas (and a few recipes) from Alice Waters' "Edible Schoolyard" (\$24.95, Chronicle Books), about her successful Berkeley project.

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Make Muscles Work at Work

■ If you don't move around enough during the day, compensate with these moves suggested by Pete McCall, an exercise physiologist with the American Council on Exercise.

→ **BRIDGE:** Lie on your back with your feet on the floor, legs bent and push your hips up to the ceiling while squeezing the glutes. The activation of the glute muscles sends a signal to the hip flexors to relax, and it allows them to lengthen. Push the hips up on a one-two count, hold for about a second and take about three to four seconds to come down.

→ **QUADRUPED, OR A BIRD DOG:** Begin on hands and knees, making sure your wrists are under your shoulders, knees are under your hips, and your head and neck are aligned with your spine. Extend your right arm and left leg straight out at the same time. While you're doing this, contract your ab muscles and feel the stretch through the upper chest muscles and the hip flexor.

→ **PLANK:** The body is supported on the forearms and the toes, and you should try to keep the hips and the shoulders at the same height. Contract the core muscles, and the glutes and the quadriceps. To modify this, drop to your knees but avoid bending the body at the hips.

→ **FOR A GREAT STRETCH** for the neck and shoulders, let your left arm hang down at your side and look over your right shoulder. Press your right hand into your chin.

→ **FOR HELP WITH** rounded shoulders, stand two to three feet in front of a wall, with your back toward the wall. Rotate the body to the right side and reach up and touch the wall with your right hand as if reaching for something on a shelf.

JEANNINE STEIN (LOS ANGELES TIMES)



COURTESY RUNNING THE SAHARA

RUNNING MAN: When Charlie Engle (middle, using a GPS) lived in the D.C. area, his favorite trail was the very long C&O Canal Trail, home to the JFK 50 Mile race.

They Took the Sand by Storm

The story of three ultramarathoners who run across the Sahara Desert

The title of the movie "Running the Sahara" isn't figurative. Charlie Engle and pals Ray Zahab and Kevin Lin actually wound their way through five countries and 4,300 miles to be the first folks to tackle the expanse — which inspired them (along with executive producer/narrator Matt Damon and the entire crew) to start H2O Africa, a clean water initiative. The film screens on Thursday at the AFI Silver (8633 Colesville Road, Silver Spring) at 6 p.m. as part of a yearlong nationwide tour. The \$35 ticket also lets you in on a Q&A with Engle, a reception and a gift bag. We got a preview from Engle while he rode a stationary bike to train for his next adventure: running and biking across the U.S. in a single year.

Did the idea of running the whole Sahara sound crazy to you?

I love the fact that when the idea first came up, it was almost like saying, "I'm going to the moon." The likelihood of it happening was zero. We

needed to deal with money, politics, logistics. And then I woke up one morning after it was all coming together and thought, "What have I done? I have to do this run now."

How did you make the leap from being a guy who runs to being a guy who runs across continents?

I spent my teenage years as a runner, but from 19 to 29 I was a serious drug addict. I just ran from responsibility. And when I cleaned up my act, I started running again. I did 40 to 50 marathons in those first four years. I believe in the power of physical suffering to bring about emotional transformation.

After a few years, I did the Racing the Planet 4 Deserts series — you carry your stuff with you and run for seven-straight days, a marathon every day. And I started winning those races. I ended up doing a jungle marathon with Ray, who had recently done a race in the Sahara, and we wondered if anyone had ever done the whole thing. We started searching and could find no record of it. How many things out there have never been done? You can always run across the U.S. with your arms tied behind your back and a bag of

marbles in your mouth, but that's not the same thing.

How did you train for this?

We stopped focusing on mileage and focused on the amount of time spent on our feet — we went for 10 to 14

“In those last two days, I got a blister the size of a baseball and a staph infection.”

hours a day straight. It didn't matter if we ran 40 miles or 60 miles. It was to teach the body to do it day after day so it wouldn't use up too much energy. On the nutrition side, we went to the Gatorade Nutrition Lab, and they told us we'd need to consume 10,000 calories a day. That's a job in itself, especially because goat and couscous were the staples of our diet. We probably got 2,500 calories a day from Gatorade alone. And I lost nearly 40 pounds. Our bodies began to eat themselves.

It looked like the emotional toll got to you more than the physical.

Take two other people, and spend 111 days never more than a few feet away from them knowing everything they eat and what their bowel movements are like. It's like cramming a lifetime of relationship from the courtship to the honeymoon and after. But, yes, the first 109 days were tolerable. I never got physically sick, never got a serious injury. And then in those last two days, I got a blister the size of a baseball and a staph infection. My fear was that I wasn't going to make it to the finish.

How did it feel to finally make it?

You'd think we'd be thrilled to touch the Red Sea. But I was relieved more than I was happy. I was deeply sad it was over. The thing I was most proud of was that all three of us made it. The odds of catastrophic injury were so great.

Any tips for others who want to follow in your footsteps?

My simple piece of advice: Don't be afraid. Let's say you want to enter your first ultramarathon. Don't mull it over. Just send in the registration and start training. If you've never run a race before, try a 10k. The worst thing that can happen is failure. And you'll learn something. Doing things I know I can do is a waste of time. VICKY HALLETT (EXPRESS)



GETTY IMAGES

Shake Up Your Salts

Give 'em a pinch of these gourmet goods and you'll get to see a smile

Reduce belly-bloating sodium with gourmet salts. Just a little goes a long way.

Fleur de Sel

BEST FOR: EVERYDAY USE

Switch out your Morton salt for a jar of this French-harvested "flower of salt," recommended by Mark Bitterman, owner of the Meadow, a gourmet salt shop in Portland, Ore. Its delicate crunch and classic salt flavor wake up taste buds

without sending them into cheek-puckering shock. Be sure to buy brands from the Guérande, Île de Ré or Île de Noirmoutier regions south of Brittany — anything else is overpriced table salt.

→ Fleur de Sel de Guérande, \$14 for 4.4 ounces, Formaggiokitchen.com.

Hawaiian Red Sea Salt

BEST FOR: ROASTED MEATS, COCKTAILS

This sunset-hued salt comes from Hawaiian red clay ponds. "Its earthy taste is perfect for roasted meat," says David Anderson, CEO of Salt Central, another Portland salt retailer. The clay also seals in moisture, ensuring that your filet mignon stays succulent and juicy.

Show it off in a clear salt grinder (\$40 for a pair, Pamperedchef.com) and impress brunch guests by using it to rim a Bloody Mary.

→ Volcanic Red, \$11 for 5.5 ounces, Seasaltcentral.com.

Smoked Salt

BEST FOR: SALMON

This salt is gathered from the Pacific Ocean floor and then cool-smoked for 24 to 48 hours over natural alderwood. Stick with all-natural brands such as Salish Smoked Salt by the Artisan Salt Company in Woodinville, Wash.; it doesn't use the chemical concoction known as liquid smoke. The tangy, open-flame flavor perfectly complements grilled salmon (use a half-table-

spoon coarsely ground per fillet). It's also great as a finishing salt for a barbecue.

→ Salish Smoked Salt, \$16 for 7 ounces, Artisansalt.com.

Himalayan Pink Salt

BEST FOR: FISH, RICE

These pretty pink crystals are super-hard, so dispense them with a salt grinder — or, better yet, Bitterman says, buy a chunk and use a salt

Himalayan pink salt's distinctive flavor enhances but doesn't overpower dishes.

shaver (\$25, Microplane.com). This salt's distinctive flavor enhances but doesn't overpower dishes such as curry, rice, lightly grilled fish and sashimi. After dinner, toss some into the tub: With 80 trace minerals to help soothe muscles and ease stress, it makes a fabulous bath salt.

→ Himalayan Pink Salt blocks, from \$13, Atthemeadow.com.

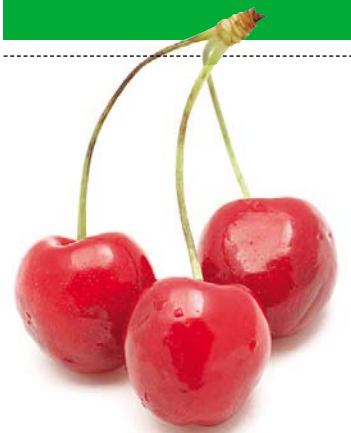
Hawaiian Black Lava Salt

BEST FOR: POTATOES, PASTA, GRILLED VEGETABLES

The ebony color of this flaky Hawaiian salt comes from activated charcoal, which natural-health gurus believe helps digestion. "The magic is in the contrasting colors and crunchy texture," Bitterman says. Spruce up light-colored carbs such as mashed potatoes or pasta with just a few flakes. The flavor also counteracts the astringent quality of grilled vegetables, especially asparagus.

→ \$8.50 for 3 ounces, Saltraders.com. (REPRINTED WITH PERMISSION OF WOMEN'S HEALTH MAGAZINE © RODALE INC.)

LOCAL FLAVOR



A Cherry on Top Makes the Meal

■ Fighting crowds around the Tidal Basin during the National Cherry Blossom Festival (which starts Saturday) can be the pits. But don't let tourists get in the way of your cherry cheer.

Like most fresh produce, cherries pack a strong nutritional punch. They're fat free, low in calories and sodium, and full of minerals and vitamins such as potassium, vitamin A, vitamin C and B-complex vitamins. Recent studies have suggested that tart cherries may help reduce inflammation in the body and ease arthritis pain; protect against cardiovascular disease and some cancers; and reduce the risk of diabetes, according to a report by the Cherry Marketing Institute.

Many local restaurants are offering "cherry picks" dishes and drinks for the duration of the festival (Washington.org/cherryblossom/restaurants.html). But just because cherries are sweet, don't expect to spy them on only the dessert menu. "It's a subtle fruit. It takes on other flavors really well," says Amy Brandwein, the head chef of Fyve (1250 S. Hayes St., Arlington; 703-412-2760). Brandwein's "cherry pick" creation is a savory cherry parfait appetizer (\$14), that contains layers of foie gras mousse, Amarena cherry marmalade, Meyer lemon crema and toasted almond.

Not the healthiest way to get your cherry fix, right? So, add dried or fresh cherries to a salad, Brandwein suggests. The chef also recommends enhancing meats such as beef, venison and duck with cherries, because their acidic and tart flavor complements rich proteins.

So, you may be seeing red during this year's Cherry Blossom Festival, after all — at the dinner table, not on the Mall. KATIE ABERBACH (EXPRESS)

EATING IN

Quick Turkey Puttanesca

TOTAL TIME: 25 MINUTES, SERVINGS: 4

INGREDIENTS: 1/4 CUP all-purpose flour; 1/4 TSP salt; 1/4 TSP black pepper; 1 POUND turkey cutlets; 2 TBSP olive oil; 1 TBSP minced garlic; 1 CUP canned crushed tomatoes; 1/4 CUP pitted and chopped green olives; 2 TSP capers, rinsed; 1/2 TSP dried oregano; PINCH of red pepper flakes; 2 TBSP chopped parsley

IN A SHALLOW DISH, combine the flour, salt and pepper. Dredge the turkey cutlets through the mixture to coat both sides. In a large nonstick skillet over medium-high, heat 1 tablespoon of the oil. Add the cutlets and cook until lightly browned on both sides and no longer pink at the center, about two minutes per side. Transfer to a plate and cover with foil. Reduce the heat to low. Add the remaining oil and



LARRY CROWNE/EP

the garlic to the skillet; stir until fragrant, about one minute. Add the tomatoes, olives, capers, oregano and red pepper flakes. Increase the heat to medium and simmer until slightly thickened, about three minutes. Remove from the heat and stir in parsley. Season with salt and pepper, if needed, and serve spooned over the turkey cutlets. (AP)

252 calories; 9 g fat; 45 mg cholesterol; 12 g carbohydrate; 30 g protein; 2 g fiber; 770 mg sodium.

5 Secrets for Amazing Skin

Get a complexion worth coveting by focusing on these characteristics

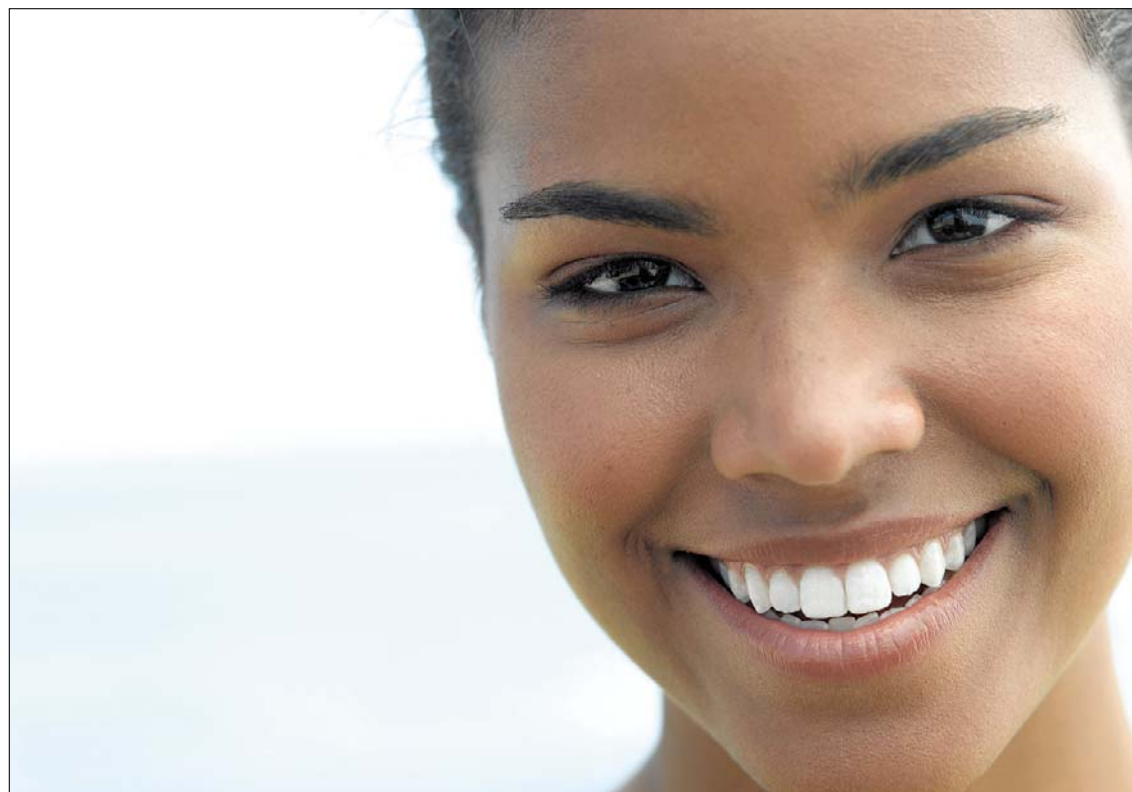
You know that woman — the one from the office, the gym or TV whose skin you'd love to have? Well, our goal is to help you get it. Here are the five things that make any complexion look flawless.

Luminosity

For many women, glowing skin comes from a compact. But it's possible to achieve a radiance that doesn't wash off with soap and water. The first step is to understand why the face in your mirror looks dull. "When skin is clean and smooth, it reflects light evenly and appears luminous," explains Doris Day, a clinical assistant professor of dermatology at the NYU Medical Center. But dry, scaly skin "reflects light in a more chaotic way," she says. To remedy a blah complexion, slather on a rich moisturizer at morning and at night, and use a weekly exfoliant with ingredients that encourage cell turnover.

QUICK FIX: Smooth on a skin brightening serum before applying your usual day cream. We like Aveda Embrightenment Brightening Correcting Serum (\$50, Aveda.com), which diminishes the appearance of dark spots and discoloration while illuminating your complexion.

DOCTORS' ORDERS: If your skin is truly lackluster, a quick in-office resurfacing treatment such as micro-



dermabrasion or a chemical peel could perk it up. Each treatment costs \$150 to \$250.

2 Small pores

First, a hard beauty truth: You cannot change the size of your pores. But you can make them appear much smaller. If your skin is oily and clogged, it's likely that your pores look much bigger than they actually are. So, use a manual or chemical exfoliant regularly. "Look for one containing salicylic acid or, for sensitive skin, alpha-hydroxy acids," Day suggests.

QUICK FIX: Makeup primers mini-

mize the appearance of pores by temporarily filling them with microspheres, absorbing shine and creating an even finish. One to try: Dr. Brandt Pores No More (\$45, Sephora.com).

DOCTORS' ORDERS: Your dermatologist might suggest a prescription retinoid cream. Another option: a noninvasive laser treatment such as Fraxel, which rebuilds the collagen that surrounds pores so they appear smaller.

3 Even tone

Sun damage and scarring from having picked at blem-

ishes are the two biggest culprits that cause uneven skin. To improve it, use an over-the-counter lightening cream. Day loves anything containing Sepiwhite, an ingredient that fades existing pigmentation and prevents new spots from forming; she recommends Olay Professional Pro-X Discoloration Fighting Concentrate.

QUICK FIX: Apply a skin-tone corrector under your makeup. We like Clinique Even Better Skin Tone Corrector (\$40, Clinique.com) for neutralizing redness and brown spots.

DOCTORS' ORDERS: If your skin doesn't seem to be responding to topical

solutions, your doctor can prescribe a hydroquinone or retinoid cream.

4 Smoothness

"Dryness and excessive sun exposure prevent cells from turning over normally, and that causes them to pile up," says Heidi Waldorf, an associate clinical professor of dermatology at the Mount Sinai School of Medicine. "The real key is to keep skin well-hydrated by using a nondrying cleanser and moisturizer regularly." Look for a product that contains humectants, which pull in moisture from the air, and emollients, which smooth out the spaces between cells.

QUICK FIX: Apply an at-home glycolic peel. Consider: Ren Glycolactic Skin Renewal Peel Mask (\$55, Renskin-care.com).

DOCTORS' ORDERS: If at-home treatments aren't potent enough, try an in-office chemical peel.

5 Suppleness

Let's meet your new best friends: collagen and elastin. These connective proteins are responsible for keeping your skin taut. As you age (or smoke, or tan), they start to break down, and your skin begins to sag. The bad news? Elastin can't be replaced. The good news? Collagen can.

QUICK FIX: For a visible lift that lasts for a few hours, a firming mask is your best bet. Try Estee Lauder Resilience Lift Extreme Ultra Firming Mask (\$40, Estelauder.com).

DOCTORS' ORDERS: If collagen loss is severe, you can consider an injection of Juvederm or Restylane. Both contain hyaluronic acid. Each injection costs \$550 and up. (REPRINTED WITH PERMISSION OF WOMEN'S HEALTH MAGAZINE © RODALE INC.)

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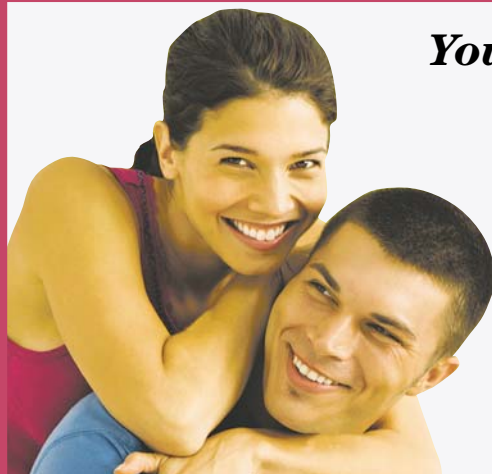
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STETHOSCOPE

OBESITY

Living in the Pasta

■ Bagel fans and rice-aholics could one day be able to dig into their favorite foods without worrying about their waistlines. A team of researchers at the University of California, Berkeley, has pinpointed the gene that turns carbs into fat. To prove their point, they bred mice with a disabled version of the gene and stuffed them with the equivalent of a pasta buffet. The rodents stayed lean, and even had less body fat than a control group. This may lead to an obesity prevention drug for humans.



ALCOHOL

2-Drink Minimum

■ Perhaps you've already heard it's best to drink in moderation — and knew intuitively that meant finding the right number of drinks to get a buzz but not a morning-after hangover. Well, now science is ready to back you up in the form of a study published in *Alcoholism: Clinical & Experimental Research*. Researchers injected rats with varying amounts of alcohol while monitoring their brain chemicals. The ones who got a low to moderate dose of booze got an endorphin boost (the feeling that puts the “happy” in happy hour), while those who were really sauced did not.

PARENTING

Why Cry, Baby?

■ Babies cry, but why? That was the question Canadian researchers tried to answer by studying 238 babies brought into the University of Toronto, Ontario, medical center over a nine-month period who were upset for no apparent reason. The good news is that only 5 percent of the cases were due to serious underlying problems, most commonly urinary tract infections.

No More Playing With Organs

Keep your five most vital body parts healthy with these tips

You're quite a piece of work. No, we mean it: Among its valuable parts, your body contains more than 200 bones, 600 muscles, 22 feet of intestines, dozens of organs and nearly 100,000 miles of blood vessels. But of all your bits and pieces, which ones are the most indispensable? Here are your body's five anatomical all-stars — and how to keep each in tip-top shape.

Brain

There are no brain transplants, so taking care of this organ should be your top priority. “The best thing you can do is get enough sleep,” says Rhonna Shatz, associate professor of neurology at Wayne State University in Detroit. Snoozing less than seven hours a night short-circuits your memory. “You don't cycle enough through deep sleep, the stage when your body solidifies and stores memories,” Shatz explains.

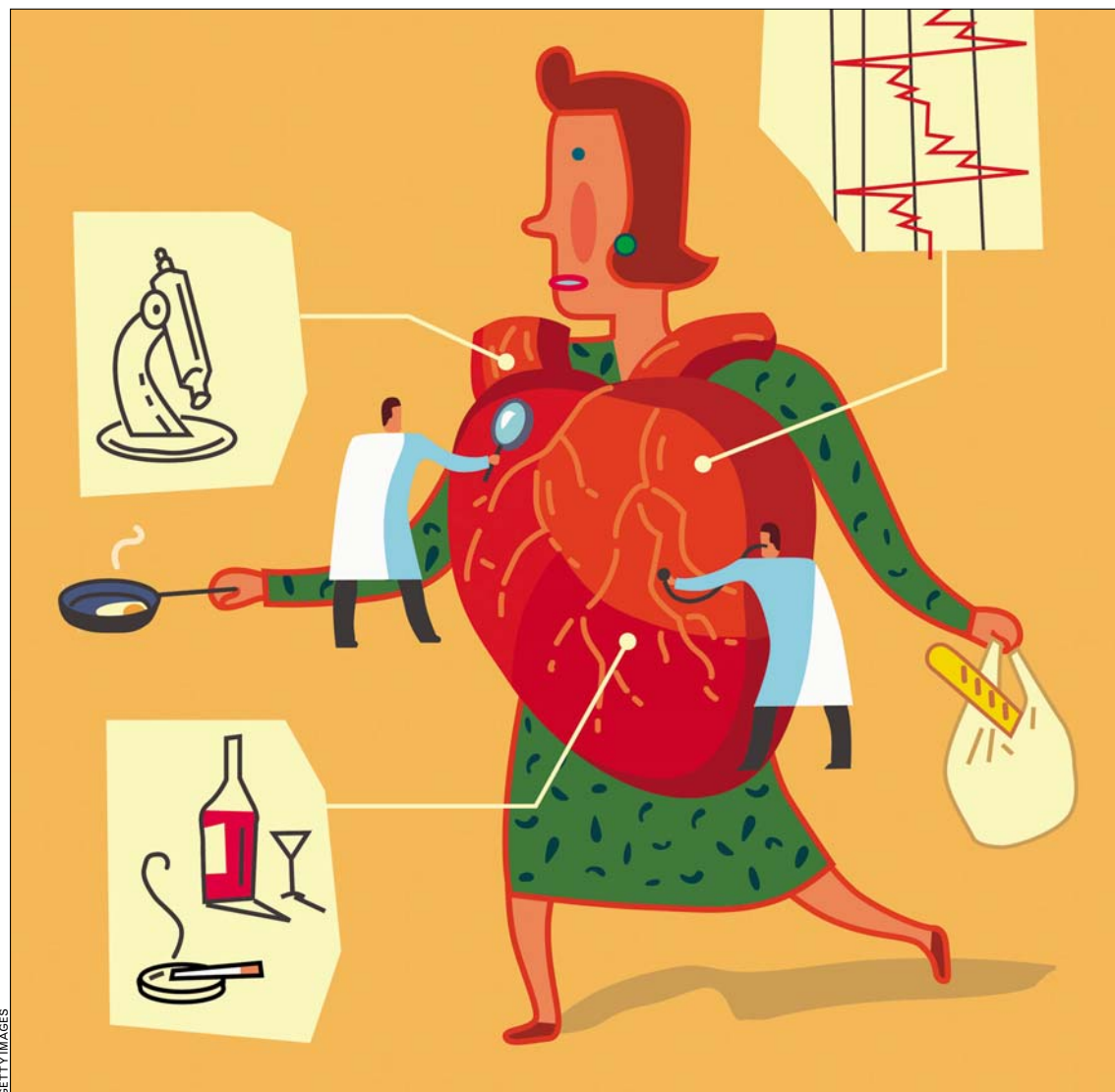
Breaking in those new Adidas can tone up your gray matter, too. “Research shows that aerobic exercise increases the generation of new cells in the memory areas of the brain,” says Ausim Azizi, professor of neurology at Temple University.

Heart

Though it won't turn heads at the beach, your heart is the main muscle you have to keep in top shape.

First step: Shrink your muffin top. “Research has linked fat in the belly, more than in any other area, to hardening of the arteries, which can lead to heart disease,” says L. Kristin Newby, associate professor of medicine at Duke University Medical Center. Thin your middle by avoiding processed foods; studies have shown that the trans fats they contain create more belly blubber than other forms of dietary fat.

Newby also recommends getting your blood pressure and cholesterol checked at least once during your 20s — more often if you have a family history of heart disease or if your numbers are high.

**Liver**

This multitasker performs more than 5,000 functions, including storing vitamins and minerals, and straining alcohol and other toxins out of

“Research has linked fat in the belly ... to hardening of the arteries.”

your system. The more martinis you filter through your liver, however, the more likely you are to injure the organ's cells. And that increases your chances of developing liver disease and cirrhosis, which can lead to cancer and liver failure.

But, surprisingly, the largest contributing factor to liver disease is obesity.

Lungs

Your lungs don't take in just oxygen; they also trap viruses, bacteria and other airborne particles. So, the better shape your airbags are in, the less likely you are to get sick.

To keep them pumping, start by stubbing out the butts. Lung cancer kills more people than breast, prostate and colon cancers combined.

It's unclear how much specific nutrients influence overall lung health, but one thing scientists know for sure: Trading fried shrimp for less-fatty fare is a smart move. A recent study found that losing 10 percent of excess body weight (if you're 40 pounds overweight, that's just 4 pounds) improves lung capacity by 5 percent.

Pancreas

Got that “I'm so hungry I could eat a dozen doughnuts” feeling? That's your pancreas at work. Sandwiched

between your stomach and your spleen, this organ creates insulin — the hormone that regulates your blood sugar and makes you feel either sated and energized, or ravenous and shaky, depending on how much is in your system.

Not smoking, hitting a healthy weight and exercising regularly will keep your pancreas healthy, too. But it's also a good idea to load up on fiber. It reduces the risk of gallstones — tiny pieces of crystallized cholesterol that can cause pancreatitis, a nasty condition that can lead to pancreatic cancer. A study at the University of California at San Francisco found that people who ate two or more servings of high-fiber whole grains a day had a 40 percent lower risk of developing pancreatic cancer than those who ate one serving or less daily.

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